PEARLS OF WISDOM

This book contains Life Changing Wisdom

THIS BOOK CAN BE YOUR GURU

READ THOUSANDS OF BOOKS OR READ JUST THIS BOOK ONLY

ZAFFAR KHAN

This book can take you to the next level of business, relationship, health, wealth, and personal development
Dedication

I dedicate this book to my good friend

Carmel Muggeridge
# Contents

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>ABOUT THE AUTHOR</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>CHAPTER ONE</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Personal Development &amp; Achieving Goals</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHAPTER TWO</td>
<td>34</td>
</tr>
<tr>
<td></td>
<td>The Miraculous Powers of Your Mind</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHAPTER THREE</td>
<td>57</td>
</tr>
<tr>
<td></td>
<td>Turn Failure Into Success</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHAPTER FOUR</td>
<td>81</td>
</tr>
<tr>
<td></td>
<td>My Beautiful Australia</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHAPTER FIVE</td>
<td>109</td>
</tr>
<tr>
<td></td>
<td>Happy Wife - Happy Life</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHAPTER SIX</td>
<td>135</td>
</tr>
<tr>
<td></td>
<td>The Miraculous Powers Of Love</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHAPTER SEVEN</td>
<td>149</td>
</tr>
<tr>
<td></td>
<td>Unbelievable Personal Powers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>OTHER BOOKS BY ZAFFAR</td>
<td>205</td>
</tr>
</tbody>
</table>
HELLO...

My name is Zaffar Khan. I had the good fortune to move to Australia when I was quite young. Australia truly seemed like the land of promise and opportunity to someone like me from a very poor country.

I set about making my fortune - which I did by the time I was very young. How did I do it - well I started driving taxi cabs. Yes, I was one of the many Asian cab drivers in Sydney. BUT then I thought to start a taxi tuition from my one bedroom flat with the investment of $14 (bought a whiteboard and a marker), and then move to second building, third building, 3 storey building, and then I became the Largest Taxi Training Centre in the whole of Australia, which was accredited by the NSW Government and the Department of Transport. It was a great achievement.

I then received an offer too good to refuse so I sold it. This was a BIG SCORE. Here I was still very young, living the life I could only have dreamed of in my wildest moments back in my original country, and thinking I was invincible. When I sold this business I was tied up in a contract that I could not start another Taxi Training Centre in Australia for a number of years, so my interesting life continued on.........

I went to New Zealand, and started a taxi company by the name of Ideal Cabs. I then built the second largest taxi company in the whole of NZ within 12 months time. Once again it was unbelievable achievement. But I got greedy and distracted - I wanted more. So I bought
car yards - one, then another, then another and then started a car auction business. Unfortunately the hands that I had left running my taxi business were not as safe and secure as I had thought. Bottom line - I lost it all. I did not even have the money to purchase my airline tickets to come back to Australia.

So I borrowed some money and came back to Sydney and thought I can just do this again. I started another taxi business, which went very well and I established 1, 2, 3, and 4 branches. But the choice of the wrong business partner, a couple of dirty acts against me, I had lost everything I had made.

Yes, I was BANKRUPTED! Like a lot of you, I was wondering how and where the next dollar was coming from to feed the kids, pay the rent and make ends meet. It seemed like the end of the world - how could I have tasted such stratospheric success, and then be wondering where the next meal was coming from. To me that was the real start of interesting life, and understanding real life, real friends, real life lessons. That was the time I understood the real definition of success, which was jumping from one failure to another failure and still hanging with the string of enthusiasm and staying in power.

Knowing the fact that “Just Thinking & Growing Rich” is not enough, you need more than that........but the condition is start taking actions does not matter where you are and where you want to be, if it does not work, be persistent, just have a hope, don’t give up, keep looking for detours, look outside the box, be honest to yourself and with others, then remember it is impossible not to be successful and share your achievements with others.
Throughout the difficult times and through to his success, Zaffar has always maintained his integrity. He insists on being fair and honest in all his dealings and expects nothing less from those who would follow his system. Zaffar’s success is partly based on the fact that he prefers, always, to give the other party more rather than less and he is open about his intentions. He engenders respect and trust in those with whom he deals and can confidently hold his head high because he will never try to deceive anyone in either his business or private life. You, reader, will find that honesty in any business is integral to its success.

Thinking Big, Motivation, Getting rid of Fear, Positive thinking etc., they are not enough to achieve your life goals. You need a foolproof step-by-step system to follow which will allow you to achieve anything you want in your life with exact steps and road map. Then I wrote my first book, which is called, Don’t Just Think & Grow Rich, and written many more books, but I strongly recommend reading this book. People always tell me that it’s the first time they have seen such a book, which is written in a systematic way, which guides you from the first step until you ACHIEVE THE UNACHIEVABLE.
* ZAFFAR SAYS *

“Those people with a closed mind reject the ideas, beliefs, opinions or influence of others.”

* ZAFFAR SAYS *

“You will be rewarded with an awareness of ‘more good’ all around you...”

* ZAFFAR SAYS *

“That your mind is your power for accomplishing your highest aspirations...”

* ZAFFAR SAYS *

“What you radiate or deliberately entertain mentally, can constantly attract...”

* ZAFFAR SAYS *

“That your mind is like a computer except you are only using it to record and process information...”
* ZAFFAR SAYS *
“If you know how to use your mind correctly you can create everything you want in life”

* ZAFFAR SAYS *
“Our subconscious mind never requires sleep – it works for us 24 hours a day, 7 days a week & 365 days of the year...”

* ZAFFAR SAYS *
“The subconscious is also the home of our emotions...”

* ZAFFAR SAYS *
“Countless people limit their happiness and success in life because they never realise the importance of words...”

* ZAFFAR SAYS *
How the Mind Works.
Be aware that your mind is an amazing and powerful tool. It has the potential to be either your greatest partner or your worst enemy. Since the subconscious mind is developed through the conscious mind, choose your thoughts wisely. If you learn to understand and use your mind to its potential you can create everything you want in life.
* ZAFFAR SAYS *
“The motto of the subconscious mind is, ‘Your wish is my command’...”

* ZAFFAR SAYS *
“A change at the level of belief produces fresh perspectives...”

ZAFFAR SAYS *
“You are responsible for the life you are leading...”

* ZAFFAR SAYS *
“Whatever you focus your thoughts on becomes a reality in your life...”

* ZAFFAR SAYS *
“Raise your awareness of the problems you currently face in your life and continue to have the courage to seek change...”
* ZAFFAR SAYS *
“Remember, you have the ability and the responsibility
  to choose and define that which you wish to be…”

* ZAFFAR SAYS *
“Staying power ensures success because it indicates
  a strong awareness to a commitment”

* ZAFFAR SAYS *
“Society today demands that we live
  life on the run…”

ZAFFAR SAYS *
“Having some time alone to think and bring ideas
  into reality is crucial…”

* ZAFFAR SAYS *
“People who constantly rush about and who never take the time to be quiet
  often have to work very hard without ever reaching their goals in life…”
* ZAFFAR SAYS *

Willingness To Change

If you want to experience happiness, success and a new vibrancy for life you need to change your self-image, that is, you need to change your mind about yourself and things will change. The change cannot be an outside change; it must come as a major paradigm shift from deep within you. In order to have the courage to make the changes you must believe that the outcome you desire is possible, without ever having experienced it. It may take time and perseverance but, like all good things, it will be worth it.

* ZAFFAR SAYS *

Create Awareness

“As a person thinks of himself, so he experiences life.” If you think sickness, failure, unhappiness, hate and general negativity, you will bring these things into your life. If you think positively about yourself, mentally identifying yourself with health, happiness, prosperity and love you will draw those things into your life. It is important to create an awareness of your self-image and if you are closed-minded, make the effort to change your thoughts and words and the changes in your actions will take care of themselves. Learn how your mind works, particularly the subconscious so you can know the action to take to make any necessary changes. Make your mind work for you, not against you by penetrating the power source within you so you can.
* ZAFFAR SAYS *
“The only way any of us can grow is to keep stretching our capacities...”

* ZAFFAR SAYS *
“If you can make full use of your quiet time, it will help you make the right decisions even when you are busy...”

* ZAFFAR SAYS *
“Be wholeheartedly and enthusiastically engaged on a daily basis toward your vision...”

* ZAFFAR SAYS *
“The first step to producing results in your life is to be very clear about what you want...”

* ZAFFAR SAYS *
“With your vision before you, now write down the goals you need to reach to attain that purpose...”
* ZAFFAR SAYS *
“An ambiguous goal leads to ambiguous results...”

* ZAFFAR SAYS *
“Don’t emphasise the task that is needed to get the result you want, but focus on the outcome...”

* ZAFFAR SAYS *
“Once you have set your goals vividly imagine how you will feel when you have reached each of your goals...”

* ZAFFAR SAYS *
“Ask yourself if your habits will take you where you want to be...”

* ZAFFAR SAYS *
**Exact Goal**
Take time to spend an hour alone, without distractions, to clarify your vision for the future and set an exact goal to reach that vision. Your mind produces results only when it has been given definite ideas to work with so your goal must be specific and written out in detail. State your goal positively and specify when a result should be achieved.
* ZAFFAR SAYS *
“A good strategy points you in the right direction and helps you to make planning decisions...”

* ZAFFAR SAYS *
“Planning is a very important management technique...”

* ZAFFAR SAYS *
“Careful planning can help you avoid, or at least better handle, problems that may arise....”

* ZAFFAR SAYS *
“Remember to monitor the execution of your plans and review them regularly...”

* ZAFFAR SAYS *
“When it comes to your goal objectives, by looking ahead through planning you get ahead and stay ahead...”
* ZAFFAR SAYS *
“There is an old Chinese proverb which says, “The journey of 1000 miles begins with a single step”…”

* ZAFFAR SAYS *
“It takes far less energy to continue a successful planning effort than it does to start one the first time…”

* ZAFFAR SAYS *
“Recognise obstacles but do not fear them as they are an integral part of the challenge of life…

* ZAFFAR SAYS *
Plan To Achieve The Goal
Before you plan, decide on your strategy – your blueprint for success. Once you can see the big picture you should develop your plan. An effective plan will strengthen your engagement on a daily basis which is essential to the achievement of your goal. Apply the 80/20 Rule and plan to focus your efforts on the 20 percent that produces 80 percent of the results, (i.e. results-oriented effort). Monitor the execution of the plans and review them regularly.
* ZAFFAR SAYS *

Divide Your Plan Into Manageable 2-20 Small Portions

To look at a goal in its entirety can be quite overwhelming. When a plan is divided into small, manageable steps, however, you are able to accomplish tasks more easily and gain the confidence to continue to the next level. It is important to divide your plan into monthly, weekly and daily modules to provide direction and to give you a sense of achievement as you complete each task.

* ZAFFAR SAYS *

One Hour Alone

Just knowing what you want is not enough. The goal you choose must be clear and exact and the planning to reach that goal should be strategic and comprehensive. It is important, therefore, to take time out and schedule some quiet time – an hour alone, away from all distractions. This time can be spent envisioning your objective, taking it from a vague definition to a clear and specific goal. Write down your Vision, your Mission and your Goal and then commence planning the steps you wish to take to achieve them.

An important part of planning is the 80/20 principle which suggests that 20 percent of the work done produces 80 percent of the results. Your hour alone gives you a good opportunity to identify the 20 percent of your planning that is really important. Dividing your goal into smaller steps or tasks will keep you on track and help you overcome obstacles as they appear. The small successes along the journey will also keep you engaged on a daily basis toward your goal. Relax and enjoy the process; your planning and goal-setting work will help activate you and give you a feeling of ownership of your dream.
* ZAFFAR SAYS *

“Those who do not have goals in life are like a boat without a rudder...”

* ZAFFAR SAYS *

“Success is a journey and if you realise that you will understand that goals must be set continually...”

* ZAFFAR SAYS *

“Correct instructions will teach anyone to swim faster and further...”

* ZAFFAR SAYS *

“If you have a strong desire to move forward and believe that you can do better, nothing can hold you back...”

* ZAFFAR SAYS *

“Attitude is not blind faith or just luck. It is a science...”
* ZAFFAR SAYS *
“Learn from other people’s experience and learn from their failures as well as from their successes...”

* ZAFFAR SAYS *
“Knowledge will help you and promote enthusiasm for what you are doing...”

* ZAFFAR SAYS *
“Most importantly, you need knowledge to keep up with technology...”

* ZAFFAR SAYS *
“Another excellent aid to gaining knowledge is to write everything down...”

* ZAFFAR SAYS *
Basic Knowledge (not too much)
The best learning is when something is absorbed properly and fully understood then reinforced by practical application. Know your goal, engage on a daily basis and build momentum by gaining just enough knowledge for you to be able to proceed to action.
**ZAFFAR SAYS**

**TEACHER**

Be prepared to listen to and learn from others. We are in an ‘information age’ so it is relatively easy to acquire the information you need. Teachers can be CD’s, videos, the internet, biographies of great people, seminars and other people with experience. It is to your advantage to invest your effort and persevere with these aids so you will understand the principles which lead to action.

---

**ZAFFAR SAYS**

“So many people try forcing a path through the thick undergrowth of ‘trial and error’...”

---

**ZAFFAR SAYS**

“Mentors are those people you want to model your life after...”

---

**ZAFFAR SAYS**

“It is easy to lose direction when difficulties arise...”

---

**ZAFFAR SAYS**

“Allow others to show what they can do and give yourself time to do those things that are most important...”
* ZAFFAR SAYS *

“Many of the people in the world who have failed in business have tried to make it on their own and this has been their downfall...”

* ZAFFAR SAYS *

“The right partner can help you plant the seeds for tomorrow’s success...”

* ZAFFAR SAYS *

Mentor

Mentors are wise and trusted guides advising those less experienced by helping them to learn and grow. They provide counsel, insight and guidance and encourage you to use your available resources to identify solutions. A mentor can help develop new networks and new or different perspectives to a situation. A mentor will challenge you to use your talents and broaden your outlook on life and teach you to demonstrate your strengths and explore your potential.

* ZAFFAR SAYS *

Coach

Coaches are committed to challenging you to reach your full potential. They will help you discover and set your goals and they will train you to achieve extraordinary results through right decisions and actions. A coach can be a driving force to inspire and encourage you and teach you strategies to achieve success.
*ZAFFAR SAYS*

**Partner**

If mentoring or coaching is not suitable for you, a partnership may be the answer. If you don’t have the money you could partner with someone prepared to fund your venture. If you have the funds you may partner with a person who has the knowledge and skills required to succeed. Such a partnership could be quite powerful, as long as you share the same goals and vision. A good partnership could help you realise your full potential.

*ZAFFAR SAYS*

**Knowing Your Goal & Plan**

When you have set your plans and goals it is wise to acquire some knowledge and skills so that you can learn which path to take to reach your goal. Don’t, however, try to learn everything there is to know before you begin or you may never get started. Action is important.

Maintain an attitude of being ‘teachable’ and learn from other people’s experience. To try and do it all on your own can be a long and difficult journey. Be focused, engage on a daily basis and persevere. Study great people and use them as mentors. You may also be able to have the help of a coach in your business – someone who can stand beside you and provide their expertise and experience to help you over the difficulties on your daily path to your goal. Taking on a partner for a venture may multiply your effectiveness by providing a wider knowledge and skill base as well as support and interaction for better results.
* ZAFFAR SAYS *
“You will experience ups and downs, obstacles and setbacks, laughter and tears and sometimes changes in direction…”

* ZAFFAR SAYS *
“Engagement on a daily basis can be difficult but it is powerful because it takes strength of character to carry it out…”

* ZAFFAR SAYS *
“Don’t give in to low spirits, for storms of difficulty are limited in extent and they do pass…”

* ZAFFAR SAYS *
“Nothing will drain your energy from constructive action faster than negative emotions…”

* ZAFFAR SAYS *
“Work on eliminating these emotions so you have increased energy available for accomplishing your purpose…”
* ZAFFAR SAYS *
“Use wisdom and focus on one major project at a time...”

* ZAFFAR SAYS *
“Be inspired by successful people; people who are consistently aligning their decisive actions with their goal...”

* ZAFFAR SAYS *
“Decisiveness is an important precept in any action you take; get to know it intimately...”

* ZAFFAR SAYS *
“Many obstacles are mistakes we have made ourselves...”

* ZAFFAR SAYS *
“The human will is one of the most powerful forces in the world; and where there is a will, there’s a way...”
“Change by itself will not happen unless you have a desire for change and you choose to allow the change to occur...”

“It is not enough to plan – you must consistently work your plan...”

“Many actions need to be repeated on a regular basis until they create results...”

“When you are consistent, others recognise you in a positive light...”

Focused Actions

When you promise to complete a task the best action to take is focused action. This way the task will be completed speedily, more productively and efficiently. When you are focused, your energy is constructively directed to a specific end and the results will be positive.
* ZAFFAR SAYS *

**Consistent Actions**

Engage on a daily basis and take consistent action by cutting out all distractions and working your plan in a purposeful manner. Be prepared to practice the skill of consistency until it becomes second nature to you. Not only will you create excellent results but you will engender the confidence and trust of others.

* ZAFFAR SAYS *

“What is massive action? It is being focused and continually taking substantial action no matter what happens...”

* ZAFFAR SAYS *

“By progressively doing more & going beyond what others expect, & indeed what you expect of yourself, you create a whole new level in your life...”

* ZAFFAR SAYS *

“Challenges and obstacles will always get in your way – use them as learning experiences...”

* ZAFFAR SAYS *

“Ordinary people want a guarantee before they pursue something; so they wait and hope...”
* ZAFFAR SAYS *
**Massive Actions**
You cannot realise the attainment of your goal by being passive. It will take action and not just action but Massive Action. And massive action takes determination and continuous endeavour and energy. Be courageous and use the momentum of massive action to accumulate substantial results. You will reap the benefits of going the extra mile.

* ZAFFAR SAYS *
**Engagement On A Daily Basis**
Success comes as a result of deliberate control of your thoughts and daily engagement with action. Engagement on a daily basis is grounded in integrity and builds trust. It is powerful and encourages excellence. The resulting action must be focused toward the required results; therefore, begin with the end in mind. To be outcome-focused requires consistent action and reliability and this translates into persistence. No single action will give you a worthwhile result but the practice of being consistent will cut out the likelihood of distractions and discouragement and allow you to respond to difficulties in new and positive ways. The most positive way is to commit to massive action which will get you to your destination sooner and more effectively.

Your investment in your vision requires an engagement in faith and energy, focused and massive action, decisiveness, purpose and perseverance. ‘Engagement on a daily basis’ will take you from mediocrity to excellence and will empower you to create the quality of life you deserve.
* ZAFFAR SAYS *
“Engagement on a daily basis comes with faith and energy, focused action, massive action, decisiveness & perseverance...”

* ZAFFAR SAYS *
“Most people are prepared to promise to a point, but deep down they like to keep the possibility of retreat as an option...”

* ZAFFAR SAYS *
“There are people who have always had things come easily to them; they have not had to deal with problems, opposition and difficulties...”

* ZAFFAR SAYS *
“Everyone makes mistakes but the greatest error is to let any mistake destroy your faith in yourself...”

* ZAFFAR SAYS *
“Striving to improve everything you do takes time, effort and sacrifice but the rewards are worth it...”
ZAFFAR SAYS *
“It is important that you know right at the beginning, that what you are doing is right and worth the fight...”

* ZAFFAR SAYS *
“Persistence allows you to keep taking action even when you don’t feel like it, and therefore, you keep accumulating results...”

* ZAFFAR SAYS *
“Passion gives an enthusiasm for life to what would otherwise be a very mundane endeavour...”

* ZAFFAR SAYS *
“Most people are prepared to promise to a point, but deep down they like to keep the possibility of retreat as an option...”

* ZAFFAR SAYS *
“Leading a balanced life is not about giving up your dreams, nor should you feel guilty about sharing your time and effort...”
"Condition your mind with a positive mental attitude and eliminate negative emotions..."

"The persistent & repetitious command drives a pathway, a channel through the impressions of the mind & brings out the desired result..."

"You can have anything you want if you will pay the price and stay the course..."

"When failure happens or mistakes occur, it is easy to say, ‘I’ve tried and failed so what is the point of trying again?’ ...

Persistence

It is persistence which provides the power to achieve your dreams; it lies at the root of every success. Persistence stands steadfast in the face of failure and it is persistence which strengthens your resolve when you are faced with rejection and opposition. Persistence is the power of continuous effort."
* ZAFFAR SAYS *
“You have a choice. You can either give in to the challenges or work out a way to overcome them...”

* ZAFFAR SAYS *
“Remember that to be defeated but to never give up is the mark of one who is assured of success...”

* ZAFFAR SAYS *
“Seek encouragement from others who have demonstrated the character of persistence...”

* ZAFFAR SAYS *
“It is wise to understand, also, that your mind is the only thing in this world that you hold total control over...”

* ZAFFAR SAYS *
“Great opportunities can come from seeming failure...”
* ZAFFAR SAYS *

“Many people say failure is a fact of life and, certainly, no one is immune to making mistakes when you are aiming for a high goal…”

* ZAFFAR SAYS *

“Success always transcends failure when persistence and passion have their way…”

* ZAFFAR SAYS *

“Highly creative people are flexible, adaptable and resilient…”

* ZAFFAR SAYS *

“Challenging assumptions means questioning everyday ideas that you once took for granted…”

* ZAFFAR SAYS *

“Finding your detour and persisting is the power that produces amazing achievement…”
* ZAFFAR SAYS *

Detour

No one wants failure to come into their lives but when it does, as you prepare to aim high with your aspirations, be prepared and make it work for you. If you build into yourself an attitude of persistence you will see it as a learning experience and find a detour around the obstacle. Detours allow you to think ‘outside the box’; they arm you with knowledge and ideas you did not have before and enable you to conquer problems and bring you back on track on the other side of failure.

* ZAFFAR SAYS *

Thinking Outside The Box

The world is changing so quickly it is important to break out of the box of limited thinking and put aside conventional reasoning. It is time to challenge yourself by exploring new ideas and by being adventurous and creative. When you are innovative and inquisitive and keep an open mind in everything you do, you are thinking ‘outside the box’ and you will be successful.

* ZAFFAR SAYS *

“Never give up hoping, envisioning, anticipating and believing; fill your mind with eager expectation...”
* ZAFFAR SAYS *

“With hope and its strong encouragement, the future is always bright, even when things look black...”

* ZAFFAR SAYS *

“Try every day to help someone else and build hope into their lives...”

* ZAFFAR SAYS *

“Loyalty is faithfulness and an attachment to principles, to the plan and to people as well as your goal...”

* ZAFFAR SAYS *

“Most people are followers, but some are leaders because they see the big picture through imagination...”

* ZAFFAR SAYS *

“Without faith you cannot perform a miracle and without faith you cannot accomplish your goal...”
* ZAFFAR SAYS *

“The way you share is very personal as each person will
do it in their own way...”

* ZAFFAR SAYS *

“People have strengths in different areas and sharing and pooling
knowledge and resources helps everyone to benefit...”

* ZAFFAR SAYS *

“Sharing knowledge and ideas allows others to benefit from
interacting with you...”

* ZAFFAR SAYS *

“It is very easy to become involved in your own activities
and not see the needs of others...”

* ZAFFAR SAYS *

“You will gain great satisfaction from the act of
sharing...”
**ZAFFAR SAYS**

**Hope**

Whether we are aware of it or not, hope is a power that is always with us, enriched deep within our spirits. Hope takes defeat and turns it into a state of sustained optimism which sees opportunities turned into positive results.

**ZAFFAR SAYS**

**Loyalty With A Goal**

Loyalty to your goal must be paramount when working your plans. Despite the challenges that will be set you from time to time, determine to remain focused and firmly engaged on a daily basis until your goal is reached. Loyalty to your goal will make you ‘failure-proof’ and provide a path to the attainment of your vision for the future.

**ZAFFAR SAYS**

**Sharing**

Society expects you to be competitive and jealously guard your knowledge and ideas. Society sees sharing as a weakness but the opposite is true. Sharing is powerful and when it comes from the heart your entire outlook on life is different and people recognise and appreciate it. Every day we all have numerous opportunities for sharing, both on a personal level and on a business level. Sharing seeks to benefit others unconditionally and make a difference in someone else’s life. In doing so we receive a great deal of personal satisfaction, we grow as a person and gain a great quality of life.
MIRACLE WITH 20 DISAPPOINTMENTS

Once your vision is born, you have set your goals and have begun to put your plans into action you will need to make a quality decision to be persistent despite any setbacks that may occur on your journey. A quality decision is one where there is no retreat and that is the kind of decision you need to make if you want to reach your goal.

You will face many challenges and, perhaps, failures but when you keep hope alive and continue to persist you will find a detour – another plan to achieve your destination. It will be a quicker and easier method of getting back on track to reach your goal. You will have twenty disappointments or more but each one will make you more determined to continue until you are successful.

In this fast-changing world, put away limited thinking, challenge assumptions and be innovative and creative in all your dealings. When you stay aware, open yourself to new ideas and adopt change you are thinking outside the box and you are well on your way to achieve your dreams.

When you have achieved success, be prepared to generously share your success, expertise, achievement or wealth you created with others and you will create a win-win situation and find that your life and work will be more rewarding. Remember what you give – get back.
CHAPTER TWO

THE MIRACULOUS POWERS OF YOUR MIND
* ZAFFAR SAYS *
“You can change your life by changing your attitude...”

* ZAFFAR SAYS *
“Our brain is a fascinating subject and something we should all know more about...”

* ZAFFAR SAYS *
“Our brain is quite remarkable; it is one of the most powerful, dynamic and complex systems on earth....”

* ZAFFAR SAYS *
“Our brain controls and checks the life processes that continue without our being conscious of them....”

* ZAFFAR SAYS *
“Generally, women perform a little better with words and men slightly better at spatial skills....”
* ZAFFAR SAYS *

“Shaping the pathways in the brain is like travelling through a newly found forest....”

* ZAFFAR SAYS *

“In adolescence the brain is still “a work in progress” which can continue into the early twenties....”

* ZAFFAR SAYS *

“The aging brain, it seems, although less flexible than that of a child, is quite resilient....”

* ZAFFAR SAYS *

“Every time we have a thought, our brain surges with electrical activity...”

* ZAFFAR SAYS *

“The environment of a baby’s early years will decide what kind of foundation they will form emotionally and intellectually as they grow to maturity....”
* ZAFFAR SAYS *
“The old saying “use it or lose it” certainly has its origins in fact...”

* ZAFFAR SAYS *
“The trick is to keep your mind positively active so the positive electrical charges become stronger...”

* ZAFFAR SAYS *
“Some important discoveries relate specifically to disabled people, giving them more freedom and a better quality of life...”

* ZAFFAR SAYS *
“Scientists believe, however, they could be decoding thoughts as well as pictures, within the decade...”

* ZAFFAR SAYS *
“Soon we will need only one muscle to control the action – the brain...”
“With the dramatic pace at which neuroscience is progressing researchers are already devising various ways of reading and understanding thought patterns...”

“It is only in recent years we have been able to come to terms with the exceptional power of the mind...”

“As we expand our conscious awareness we can stimulate the mind by trying new things...”

“Your mind is your life...”

“We were not given a user manual for the mind at birth but we were given a creative imagination and the ability to ask questions...”
* ZAFFAR SAYS *
“Our beliefs are a very powerful, directing force in human behaviour because they define and shape who we are and determine our potential...”

* ZAFFAR SAYS *
“We must focus on the positive so we can move in the direction we want...”

* ZAFFAR SAYS *
“That is why our subconscious is the most powerful part of our mind...”

* ZAFFAR SAYS *
“Our belief in the possibility or impossibility of a situation determines the outcome...”

* ZAFFAR SAYS *
“Don’t allow fear of anything to take hold - it will limit what you can do with your life...”
* ZAFFAR SAYS *
“Too often we react to life rather than living life in a creative, positive and spontaneous way...”

* ZAFFAR SAYS *
“Change is a matter of choice...”

* ZAFFAR SAYS *
“We have already seen that the subconscious mind is far larger and more powerful in every aspect than our conscious mind...”

* ZAFFAR SAYS *
“Imagination is a powerful, creative force that lives in the subconscious area of the mind...”

* ZAFFAR SAYS *
“Your Will can give life and purpose to your imagination through the capacity of the mind and your desire will become reality...”
* ZAFFAR SAYS *
“Our self image is a key to our personality and behaviours and sets the boundaries of individual accomplishment...”

* ZAFFAR SAYS *
“Wisdom is knowledge guided by understanding, discernment and discretion...”

* ZAFFAR SAYS *
“Knowledge must include action to be of any use and it must be used wisely without arrogance...”

* ZAFFAR SAYS *
“We have a choice to think whatever we wish but the results of our thoughts will culminate in some kind of action...”

* ZAFFAR SAYS *
“Learn to control your thoughts to create positive mental habits that will blossom into action and create the conditions you are seeking...”
* ZAFFAR SAYS *
“Rather, be prepared to live life in a more creative and spontaneous way...”

* ZAFFAR SAYS *
“Your thoughts are a vital, living force; a dynamic system of energy...”

* ZAFFAR SAYS *
“Concentration of thought can lead to inspiration...”

* ZAFFAR SAYS *
“People of similar thoughts are attracted to one another...”

* ZAFFAR SAYS *
“We often speak of people getting on well together because they are “on the same wave link”...”
* ZAFFAR SAYS *
“Our thoughts will always reflect how we see ourselves as a person…”

* ZAFFAR SAYS *
“As thoughts change there will be better health, less stress and a more balanced lifestyle…”

* ZAFFAR SAYS *
“Our thought patterns have a tremendous impact on our lives; whatever thoughts you have will have corresponding actions…”

* ZAFFAR SAYS *
“If you continue to think the way you have always thought, you will continue to do what you have always done…”

* ZAFFAR SAYS *
“It is also important to make an effort to free yourself from your past…”
* ZAFFAR SAYS *

“Attitudes and thoughts do not change overnight; work and training are required...”

* ZAFFAR SAYS *

“Finally, learn from others...”

* ZAFFAR SAYS *

“Everything begins with a thought and action transforms your thoughts into reality...”

* ZAFFAR SAYS *

“The more aware you become of the type of thoughts you are thinking the more you will be able to choose what you think...”

* ZAFFAR SAYS *

“Refuse to think badly of others; instead find something good in every person and in any situation...”
* ZAFFAR SAYS *
“Put the power of your words to work for you instead of against you...”

* ZAFFAR SAYS *
“Be bold and courageous, see yourself strong and expect your thoughts to follow...”

* ZAFFAR SAYS *
“You can change your life by changing your attitude...”

* ZAFFAR SAYS *
“Our brain is a fascinating subject and something we should all know more about...”

* ZAFFAR SAYS *
“Our brain is quite remarkable; it is one of the most powerful, dynamic and complex systems on earth....”
* ZAFFAR SAYS *

“Our brain controls and checks the life processes that continue without our being conscious of them....”

* ZAFFAR SAYS *

“Generally, women perform a little better with words and men slightly better at spatial skills....”

* ZAFFAR SAYS *

“Shaping the pathways in the brain is like travelling through a newly found forest....”

* ZAFFAR SAYS *

“In adolescence the brain is still “a work in progress” which can continue into the early twenties...”

* ZAFFAR SAYS *

“The environment of a baby’s early years will decide what kind of foundation they will form emotionally and intellectually as they grow to maturity....”
* ZAFFAR SAYS *
“The aging brain, it seems, although less flexible than that of a child, is quite resilient....”

* ZAFFAR SAYS *
“Every time we have a thought, our brain surges with electrical activity...”

* ZAFFAR SAYS *
“The old saying “use it or lose it” certainly has its origins in fact...”

* ZAFFAR SAYS *
“The trick is to keep your mind positively active so the positive electrical charges become stronger...”

* ZAFFAR SAYS *
“Some important discoveries relate specifically to disabled people, giving them more freedom and a better quality of life...”
* ZAFFAR SAYS *
“Scientists believe, however, they could be decoding thoughts as well as pictures, within the decade...”

* ZAFFAR SAYS *
“Soon we will need only one muscle to control the action – the brain...”

* ZAFFAR SAYS *
“It is only in recent years we have been able to come to terms with the exceptional power of the mind...”

* ZAFFAR SAYS *
“As we expand our conscious awareness we can stimulate the mind by trying new things...”

* ZAFFAR SAYS *
“With the dramatic pace at which neuroscience is progressing researchers are already devising various ways of reading and understanding thought patterns...”
* ZAFFAR SAYS *
“Your mind is your life...”

* ZAFFAR SAYS *
“We were not given a user manual for the mind at birth but we were given a creative imagination and the ability to ask questions...”

* ZAFFAR SAYS *
“Our beliefs are a very powerful, directing force in human behaviour because they define & shape who we are & determine our potential...”

* ZAFFAR SAYS *
“We must focus on the positive so we can move in the direction we want...”

* ZAFFAR SAYS *
“That is why our subconscious is the most powerful part of our mind...”
* ZAFFAR SAYS *
“Our belief in the possibility or impossibility of a situation determines the outcome...”

* ZAFFAR SAYS *
“Don’t allow fear of anything to take hold - it will limit what you can do with your life...”

* ZAFFAR SAYS *
“Too often we react to life rather than living life in a creative, positive and spontaneous way...”

* ZAFFAR SAYS *
“Change is a matter of choice...”

* ZAFFAR SAYS *
“We have already seen that the subconscious mind is far larger and more powerful in every aspect than our conscious mind...”
* ZAFFAR SAYS *

“Imagination is a powerful, creative force that lives in the subconscious area of the mind...”

* ZAFFAR SAYS *

“Our self image is a key to our personality and behaviours and sets the boundaries of individual accomplishment...”

* ZAFFAR SAYS *

“Wisdom is knowledge guided by understanding, discernment and discretion...”

* ZAFFAR SAYS *

“Knowledge must include action to be of any use and it must be used wisely without arrogance...”
* ZAFFAR SAYS *
“We have a choice to think whatever we wish but the results of our thoughts will culminate in some kind of action…”

* ZAFFAR SAYS *
“Learn to control your thoughts to create positive mental habits that will blossom into action and create the conditions you are seeking…”

* ZAFFAR SAYS *
“Rather, be prepared to live life in a more creative and spontaneous way…”

* ZAFFAR SAYS *
“Your thoughts are a vital, living force; a dynamic system of energy…”

* ZAFFAR SAYS *
“Concentration of thought can lead to inspiration...”
* ZAFFAR SAYS *
“People of similar thoughts are attracted to one another...”

* ZAFFAR SAYS *
“We often speak of people getting on well together because they are “on the same wave link”...”

* ZAFFAR SAYS *
“Our thoughts will always reflect how we see ourselves as a person...”

* ZAFFAR SAYS *
“As thoughts change there will be better health, less stress and a more balanced lifestyle...”

* ZAFFAR SAYS *
“Our thought patterns have a tremendous impact on our lives; whatever thoughts you have will have corresponding actions...”
* ZAFFAR SAYS *
“If you continue to think the way you have always thought, you will continue to do what you have always done...”

* ZAFFAR SAYS *
“It is also important to make an effort to free yourself from your past...”

* ZAFFAR SAYS *
“Attitudes and thoughts do not change overnight; work and training are required...”

* ZAFFAR SAYS *
“Finally, learn from others...”

* ZAFFAR SAYS *
“Everything begins with a thought and action transforms your thoughts into reality...”

www.ZaffarKhan.com

Copyright © 2009 Zaffar Publications
All Rights Reserved
No part of the Book may be used or reproduced in any manner without the express consent of Zaffar Publications
* ZAFFAR SAYS *

“The more aware you become of the type of thoughts you are thinking the more you will be able to choose what you think...”

* ZAFFAR SAYS *

“Refuse to think badly of others; instead find something good in every person and in any situation...”

* ZAFFAR SAYS *

“Put the power of your words to work for you instead of against you...”

* ZAFFAR SAYS *

“Be bold and courageous, see yourself strong and expect your thoughts to follow...”
CHAPTER THREE

TURN FAILURE INTO SUCCESS
"Success is governed by your self-image and attitude, by the choices you make and by the skills you master..."

"There’s a whole world of new experiences out there..."

"The measure of us all is how we handle devastating events in our lives...."

“To change your attitude you must first change your thoughts....”

“Determine to take on new challenges and begin looking for another job which best suits your skills....”
* ZAFFAR SAYS *

“See yourself setting out on a great new adventure and give yourself an opportunity for a fresh new life....”

* ZAFFAR SAYS *

“Nothing is by chance, for running though every life is a pattern formed over time....”

* ZAFFAR SAYS *

“It is a matter of wanting to change and being prepared to learn the steps to successfully make it happen....”

* ZAFFAR SAYS *

“If you can make changes to your thoughts, attitudes and beliefs your life will begin to change....”

* ZAFFAR SAYS *

“Throw fear out and replace it with faith in your abilities....”
* ZAFFAR SAYS *

“Feel good about yourself and others will be well-disposed and friendly toward you....”

* ZAFFAR SAYS *

“Worrying has never helped anyone overcome a bad situation; only action can do that...”

* ZAFFAR SAYS *

“Life is for you to live today and to create a future for yourself by developing a “So what” mindset...”

* ZAFFAR SAYS *

“When you are back on your feet again you will be able to look back and laugh about the situation...”

* ZAFFAR SAYS *

“Regrets hold you back and can prevent the most wonderful things happening in your life...”
**ZAFFAR SAYS**

“Empowered people are people with a sense of assurance, enthusiasm and well-being...”

---

**ZAFFAR SAYS**

“Keep up your skills; they often connect you with other networks...”

---

**ZAFFAR SAYS**

“Your future is intrinsically bound up in your attitude to life and all that happens on that journey...”

---

**ZAFFAR SAYS**

“The way you think, the attitude you adopt, will determine the quality of your life post rehabilitation...”

---

**ZAFFAR SAYS**

“Appreciate what you have, instead of thinking about what you have lost...”
* ZAFFAR SAYS *
“Our journey of life must be lived in the now...”

* ZAFFAR SAYS *
“The only time you can affect is the present...”

* ZAFFAR SAYS *
“Life is for you to live today and the way you live it will determine how happy or miserable you are...”

* ZAFFAR SAYS *
“You will find that you become what you think about...”

* ZAFFAR SAYS *
“Where there is no action there can be no result...”
"If you don’t control your attitude it will control you, usually with disastrous consequences..."

"Make it a positive family time together and take a stand against strife..."

"You are responsible for your thoughts and the feelings and actions that follow..."

"Build a vision and a plan for your life and be prepared for change when it invariably comes..."

"Your decision to change … depends on how honest you are with yourself..."
* ZAFFAR SAYS *
“You have only really failed if you accept defeat and stop trying...”

* ZAFFAR SAYS *
“Remember that your thoughts and feelings have a direct impact on your results...”

* ZAFFAR SAYS *
“Share with her the positive qualities you feel she possesses and show appreciation for them...”

* ZAFFAR SAYS *
“You will then have a good chance of changing your life for the better...”

* ZAFFAR SAYS *
“Make an appointment for as soon as the boss is available & when you meet with him explain the problem in a rational & professional manner...”
* ZAFFAR SAYS *
“If you want to experience something different you must do something differently...”

* ZAFFAR SAYS *
“So take hold of your dream with force, hold fast and don’t let anything take it from you...”

* ZAFFAR SAYS *
“Fear of failure brings inaction and you can’t live life to the full if you don’t do anything....”

* ZAFFAR SAYS *
“Always appreciate what you have; never think about what you have lost...”

* ZAFFAR SAYS *
“Focus on a positive outcome you desire and you will attain your goal...”
* ZAFFAR SAYS *
“Develop your emotional intelligence and you will strengthen your mind...”

* ZAFFAR SAYS *
“Begin each day a new and forgive yourself for yesterday...”

* ZAFFAR SAYS *
“Your attitude is reflected in everything you do and everything that happens to you...”

* ZAFFAR SAYS *
“Our belief in the possibility or impossibility of a situation determines the outcome...”

* ZAFFAR SAYS *
“Don’t allow fear of anything to take hold - it will limit what you can do with your life...”
* ZAFFAR SAYS *
“Too often we react to life rather than living life in a creative, positive and spontaneous way...”

* ZAFFAR SAYS *
“Learn to let go and take responsibility for your thoughts and feelings...”

* ZAFFAR SAYS *
“When you cease complaining about other people’s faults you will be in a better position to set right your own difficulties...”

* ZAFFAR SAYS *
“Begin each day with a new perspective and change your results...”

* ZAFFAR SAYS *
“A good idea is only great when you act upon it...”
* ZAFFAR SAYS *
“When an obstacle presents itself, begin to work on a solution immediately...”

* ZAFFAR SAYS *
“It is not so much the events that cause you stress but your reaction to those events...”

* ZAFFAR SAYS *
“It is important, always, to keep your integrity intact in business...”

* ZAFFAR SAYS *
“A great deal of your growth as a person will come through hardships and challenges...”

* ZAFFAR SAYS *
“Make a conscious effort to keep your mind under control and block out all self-serving and negative thoughts...”
* ZAFFAR SAYS *
“Take the attitude that there is always a solution to every problem...”

* ZAFFAR SAYS *
“If you want to take authority over anyone, first take it over your own mind...”

* ZAFFAR SAYS *
“Failure only gains power if you accept it as a final result and give up...”

* ZAFFAR SAYS *
“It is important to take action and make plans to overcome your situation...”

* ZAFFAR SAYS *
“Above all, be patient and use your time well to regain a strong financial footing...”
* ZAFFAR SAYS *
“That’s what hope is all about; it’s an inner image that’s bigger than you are...”

* ZAFFAR SAYS *
“It’s up to you to plant the seed and water it and then bring your dream to fruition...”

* ZAFFAR SAYS *
“Don’t attach your self-worth to the outcome of your actions...”

* ZAFFAR SAYS *
“Efforts and courage are not enough without purpose and direction...”

* ZAFFAR SAYS *
“If you wish to succeed, open your mind to new ways of thinking, stimulate your imagination and be flexible in your outlook...”
* ZAFFAR SAYS *
“Your attitude is influential – it will determine how others react to you – so make it your friend...”

* ZAFFAR SAYS *
“If you work towards a win-win situation for all concerned & you are prepared to give value in both time & effort, success is sure to follow...”

* ZAFFAR SAYS *
“Always live your life with one more dream to fulfil...”

* ZAFFAR SAYS *
“There are two great forces in this world which are very powerful. One is fear and the other is faith...”

* ZAFFAR SAYS *
“Success is being able to go from failure to failure without losing your enthusiasm...”
* ZAFFAR SAYS *
“Some people get angry and want to lash out at those around them, blaming everyone but themselves...”

* ZAFFAR SAYS *
“That way he can put the failure behind him and set about turning that failure into a new success...”

* ZAFFAR SAYS *
“Keep away from those who would criticise you and try to pull you down...”

* ZAFFAR SAYS *
“You can go from failure to success by approaching your challenge in a constructive fashion...”

* ZAFFAR SAYS *
“Strengthen your staying power by focusing on the goals you want to reach in life...”
* ZAFFAR SAYS *
“When your energy is constructively directed toward a specific solution, difficulties have a way of dissipating…”

* ZAFFAR SAYS *
“Our self-image is a reflection of the way our mind works…”

* ZAFFAR SAYS *
“Focus your thoughts on what you want and confidently move in that direction…”

* ZAFFAR SAYS *
“We must develop our emotional intelligence so that we can learn to strengthen our mind…”

* ZAFFAR SAYS *
“Your inner world will always be reflected on the outside…”
* ZAFFAR SAYS *
“You were kind and thoughtful and respectful of each other’s needs...”

* ZAFFAR SAYS *
“All these small matters need to be talked about and an understanding reached that leaves both of you happy...”

* ZAFFAR SAYS *
“The first building block to a good relationship is to understand and love yourself...”

* ZAFFAR SAYS *
“Each crisis should be worked through step by step by two people working together...”

* ZAFFAR SAYS *
“A good marriage can be built up by spending quality time with each other without interruptions...”
* ZAFFAR SAYS *

“Instead be thoughtful and attentive to the person you love...”

* ZAFFAR SAYS *

“Be prepared to admit your mistakes and if the other person makes mistakes, forgive them quickly...”

* ZAFFAR SAYS *

“It is the way you handle those difficulties that will make a marriage fail or succeed...”

* ZAFFAR SAYS *

“When concentrated meaningfully on a subject our thought power can solve any problem...”

* ZAFFAR SAYS *

“When you think creatively you expand your thought patterns which bring you to an optimal state of mind for generating new ideas...”
* ZAFFAR SAYS *
“No belief is right or wrong
– it is either empowering or limiting...”

* ZAFFAR SAYS *
“Unfortunately, sometimes emotions get in the way and they are a major cause of limiting beliefs...”

* ZAFFAR SAYS *
“Your inner world will always be reflected on the outside. When you are confident and thoughtful of other people will return the favour...”

* ZAFFAR SAYS *
“Helping others can be quite therapeutic...”

ZAFFAR SAYS *
“Grieve for a loved one lost, yes, but do not withdraw from life...”
* ZAFFAR SAYS *
“Give yourself permission to feel sad and allow tears to come...”

* ZAFFAR SAYS *
“Fill your thoughts with happy memories you will be able to enjoy life and move on to bigger and better moments...”

* ZAFFAR SAYS *
“Make an effort to free your mind from distracting thoughts and restless thinking...”

* ZAFFAR SAYS *
“When you change your beliefs you change your life...”

* ZAFFAR SAYS *
“If you want to take action – first begin – even a small step is a start; then it becomes easier...”
* ZAFFAR SAYS *
“It is very important to remember that, first of all, positive thinking is a mindset…”

* ZAFFAR SAYS *
“You still love them but their actions make the relationship very difficult…”

* ZAFFAR SAYS *
“The reality of life is that things often do not work out the way you may want them to…”

* ZAFFAR SAYS *
“A strong and positive relationship, however, needs both parties to contribute to that relationship to make it work…”

* ZAFFAR SAYS *
“As a parent, never give up on them and always be there for them…”
* ZAFFAR SAYS *
“Life is peaceful, relaxed and harmonious and flows along bringing favourable opportunities...”

* ZAFFAR SAYS *
“You have a mind that has the power to do things far beyond what you can imagine...”

* ZAFFAR SAYS *
“We have the ability to change the way we think and that is something quite special and amazing...”

* ZAFFAR SAYS *
“The only way you can move forward is by taking action...”

* ZAFFAR SAYS *
“Conditions will never be perfect; there will always be something that is not quite right...”
* ZAFFAR SAYS *

“If you commit to act on an idea, more ideas will be created…”

* ZAFFAR SAYS *

“The key to a happy and fulfilling life is in knowing how to use your mind to clear those roadblocks…”

* ZAFFAR SAYS *

“It takes initiative and courage to take action but it is the only way to get things done…”

* ZAFFAR SAYS *

“Once the ball is rolling you will build confidence in yourself and in others and the journey will become easier…”
CHAPTER FOUR

MY BEAUTIFUL AUSTRALIA
* ZAFFAR SAYS *
“It is truly a unique and magnificent experience...”

* ZAFFAR SAYS *
“And our seafood...well, say no more!...

* ZAFFAR SAYS *
“Property must be respected by everyone, and this includes both public and private property....”

* ZAFFAR SAYS *
“Respect costs nothing, but is very rewarding when it is earned...”

* ZAFFAR SAYS *
“As humans, we are fortunate in that we can determine how we behave by choice...”
* ZAFFAR SAYS *
“It is up to us individually to come together to continue to make Australia the wonderful place it is today....”

* ZAFFAR SAYS *
“The Australian way means to socialise with and accept other races and religions within our society....”

* ZAFFAR SAYS *
“The Australian way is about spending time with our families and friends....”

* ZAFFAR SAYS *
“We are truly blessed with our air quality, and it promotes good health and happiness....”

* ZAFFAR SAYS *
“In Australia being out in the open air is good for us in so many ways....”
"Being outside reduces stress and tension, and this is scientifically proven to improve our brain function...."

"The more relaxed we are, the easier we are to get along with...."

"Australia is a fairly stable, independent and welcoming nation, with an open and ...

“There will always be theories about what will and will not work when it comes to government...."

“Our employment industry has also come to recognise that women are just as capable as men in the workforce...."
“We see that women have just as much to offer as our male counterparts....”

“We women are naturally protectors, and you can’t protect anything bigger than your country!....”

“If the men cook better, let them. If the women build better, let them....”

“Having laws in place enables us to live safely and harmoniously with each other as people....”

“No matter which country you live in it is imperative that you abide by the laws of that particular country...”
* ZAFFAR SAYS *
“We have an island all to ourselves!”

* ZAFFAR SAYS *
“Our country has such a large landmass that it is very hard for us to become overpopulated…”

* ZAFFAR SAYS *
“Everywhere you look, from every direction at the edges of our land, is beautiful, blue, clean water.

* ZAFFAR SAYS *
“Let the rest of the world know what they are missing out on and what they need to see!”

* ZAFFAR SAYS *
“One of the main ways to promote Australia is to take an active part in Australian celebrations…”
* ZAFFAR SAYS *
“Participating in celebrations for national events unites us as people...”

* ZAFFAR SAYS *
“Australian Made products are easily recognisable by the distinctive green logo that is placed on them...”

* ZAFFAR SAYS *
“Because, basically, buying un-Australian products is, well, just un-Australian...”

* ZAFFAR SAYS *
“As a race, Australians did not originate entirely from Britain and other European countries...”

* ZAFFAR SAYS *
“Aboriginal people have much to offer our modern world...”
* ZAFFAR SAYS *

“Travelling overseas will also enable us to see ourselves that the sights we have rival those of other countries...”

* ZAFFAR SAYS *

“When you travel around Australia, there are going to be many, many things to see ...”

* ZAFFAR SAYS *

“Taking photos also enables the images to be kept for future generations of Australia, so they can see what you did...”

* ZAFFAR SAYS *

“When we export our goods and services we show the rest of the world that we are here...”

* ZAFFAR SAYS *

“Australians are hard workers and always will be...”
* ZAFFAR SAYS *
“Each state or territory has something unique to offer and you will never see the same sight twice...”

* ZAFFAR SAYS *
“The coastlines of Australia are among the most beautiful and scenic in the world...”

* ZAFFAR SAYS *
“Southern Australia offers its own spectacular and varied attractions...”

* ZAFFAR SAYS *
“A large part of central Australia is made up of deserts, for which Australia is commonly known...”

* ZAFFAR SAYS *
“Australian Deserts offer earth and rock formations that will inspire and dazzle you...”
* ZAFFAR SAYS *
“In stark contrast to the flat, dry plains of much of central Australia, there are also many remarkable mountain ranges to see...”

* ZAFFAR SAYS *
“There is something truly majestic and calming about a natural rainforest...”

* ZAFFAR SAYS *
“Australia is well known for its bushy landscape and the many dangerous creatures that inhabit it...”

* ZAFFAR SAYS *
“The Australian bush can be a very peaceful and relaxing atmosphere to be in...”

* ZAFFAR SAYS *
“Just as we are able to view our beautiful country from the mountain tops, we are able to see its dazzling formation from down below...”
* ZAFFAR SAYS *

“With such a varied climate as Australia has to offer, you really can do it all...”

* ZAFFAR SAYS *

“You can also get a train across the desert; to the beach or to the theme parks and tourist attractions...”

* ZAFFAR SAYS *

“Another fantastic way to see Australia is to use a caravan – it doesn’t come more Australian than that!”

* ZAFFAR SAYS *

“More people choose to travel Australia in their retirement than choose to visit overseas countries...”

* ZAFFAR SAYS *

“Reading about places is often what makes us want to visit them in the first place...”
* ZAFFAR SAYS *
"We can learn so much about others and ourselves by talking to Australians who originated from foreign shores..."

* ZAFFAR SAYS *
"Social skills don’t come easily to many people, they need to be learnt...

* ZAFFAR SAYS *
"Protecting Australia comes in several different forms..."

* ZAFFAR SAYS *
"Australia is fortunate to have an extremely strong and cohesive defence force protecting its borders...

* ZAFFAR SAYS *
"We must maintain our structure and balance to ensure that we continue to live in the harmonious manner we have become accustomed to..."
* ZAFFAR SAYS *
“ But we all know that we can count on them when we need them...”

* ZAFFAR SAYS *
“ Because we have such a magnificent wildlife community, we are extremely protective of it & are very conscious of how to preserve it...”

* ZAFFAR SAYS *
“Australians are very charitable people and they love to feel that they are helping a good cause...”

* ZAFFAR SAYS *
“ Who can resist knowing they helped to save a cute and cuddly animal from extinction?”

* ZAFFAR SAYS *
“ Unfortunately, Australia today has one of the highest rates of disease and obesity in the world...”
* ZAFFAR SAYS *
“Our mental health is now understood to play a vital part in how healthy our bodies are, and vice versa...”

* ZAFFAR SAYS *
“Physical activity clears our minds and releases tension, and therefore eases the stress on our bodies...”

* ZAFFAR SAYS *
“A picnic with healthy food and healthy fresh air is not only going to be lots of fun, it’s going to be good for us...”

* ZAFFAR SAYS *
“Sunshine and clean air are conducive to a happy and healthy life...”

* ZAFFAR SAYS *
“A large number of people tend to rush off to see their doctor at the first sign of a sneeze or sore throat...”
"Many of us don’t realise that antibiotics are only effective on bacteria, not viruses..."

"It wasn’t until the 1940s that recycling from households began in Australia..."

"One of the reasons we need to recycle as much as possible is so that we can preserve our land..."

"Greenhouse gases are either present in the atmosphere naturally,..."

"The manufacture and use of chemicals in society has drastically increased in recent times..."
* ZAFFAR SAYS *
“Chemicals are harmful to us and our environment in other ways as well as in our water systems...”

* ZAFFAR SAYS *
“The management of water resources is a global concern, but it is particularly serious in Australia...”

* ZAFFAR SAYS *
“The scarcity of human food supply is causing prices to increase, and it is having an adverse affect on our economy...”

* ZAFFAR SAYS *
“As people, we thrive on helping others. It makes us feel good...”

* ZAFFAR SAYS *
“Giving blood is something only a small percentage of the Australian population actually does...”
* ZAFFAR SAYS *

“Donating blood, without question, saves lives...”

* ZAFFAR SAYS *

“Getting outside and playing a sport keeps our joints moving and keeps our organs functioning effectively...”

* ZAFFAR SAYS *

“Playing team sports with other people is also beneficial for our mental wellbeing...”

* ZAFFAR SAYS *

“None of us can predict what lies ahead for us or our families or friends...”

* ZAFFAR SAYS *

“Sometimes we can afford to help out with donations, and sometimes we can’t, and that’s okay...”
* ZAFFAR SAYS *
“Being charitable can mean more than providing money and material items to those in need...”

* ZAFFAR SAYS *
“There is no right or wrong, you just do what feels right for you...”

* ZAFFAR SAYS *
“Unemployment is a part of society that costs governments many millions of dollars a year...”

* ZAFFAR SAYS *
“If you find that you are unsatisfied with your job, look for something else...”

* ZAFFAR SAYS *
“It feels great to know that you are supporting your family and your community...”
"Heroes come in all shapes and sizes and from numerous situations and walks of life..."

"Receiving recognition or praise, even in small ways, is very rewarding and reassures us that we have done good..."

“But by taking part in these national days and holidays we are also supporting our country internally...”

“We have come together as a multicultural nation and we are proud of that...”

“Our farmers are constantly battling drought, fires, floods and diseased animals and crops...”
“Crops are also seriously affected by the lack of water, and this has caused the prices of purchased produce to rise significantly...

“The more we are educated the more we can educate others...”

“Education also allows us to understand and tolerate the differences in each other better...”

“Education expands our knowledge of our society, our world, our health, our technology and our environment...”

“We love our sports and we love watching them, playing them and cheering for them...”
* ZAFFAR SAYS *

“We all need to take more responsibility for how we and our children behave at sporting events…”

* ZAFFAR SAYS *

“Australians owe it to each other to remember that sports are games, whether there is a prize at the end or not…”

* ZAFFAR SAYS *

“Life cannot be all about seeing the good in ourselves, we must be able to recognise the good in others…”

* ZAFFAR SAYS *

“Your mind has the potential to be your greatest ally or your worst enemy; it can be creative or reactive…”

* ZAFFAR SAYS *

“The subconscious mind is vastly larger than the conscious mind and far more powerful…”
* ZAFRAR SAYS *
“Paradigms are sets of belief systems that act as filters of perception through which we view the world and everything in it...”

* ZAFRAR SAYS *
“Too often we react to life rather than living life in a creative, positive and spontaneous way...”

* ZAFRAR SAYS *
“It is this constant cleaning of our unconscious filters of perception that enables us to perceive the world differently....”

* ZAFRAR SAYS *
“Change is a matter of choice...”

* ZAFRAR SAYS *
“Persevere in following your vision, keep your faith in yourself strong and unwavering and you will succeed...”
* ZAFFAR SAYS *
“Having some time alone to think and bring ideas into reality is crucial..”

* ZAFFAR SAYS *
“Your vision is important because it is the foundation for your goals…”

* ZAFFAR SAYS *
“Always begin with the end in mind – focus on the outcome…”

* ZAFFAR SAYS *
“Strategic planning can help you reach your objective by giving you the ability to look at the big picture…”

* ZAFFAR SAYS *
“When it comes to your goal objectives, by looking ahead through planning you get ahead and stay ahead..”

www.ZaffarKhan.com
* ZAFFAR SAYS *
“For every plan there will always be obstacles on the way to achievement.”

* ZAFFAR SAYS *
“Your journey will take persistence and perseverance but hang in there – you will eventually be successful.”

* ZAFFAR SAYS *
“A good definition of success is the persistent achievement of a challenging, worthy goal.”

* ZAFFAR SAYS *
“Listen, analyse and evaluate all that you see and hear...”

* ZAFFAR SAYS *
“Attitude is not blind faith or just luck; it is a science...”
* ZAFFAR SAYS *
“The more you understand about a subject, the more confident you will become in your decision-making...”

* ZAFFAR SAYS *
“Gaining knowledge is an investment in effort...”

* ZAFFAR SAYS *
“Mentors are people with whom you can share all your hopes and aspirations...”

* ZAFFAR SAYS *
“You will experience ups and downs, obstacles and setbacks, laughter and tears and sometimes changes in direction...”

* ZAFFAR SAYS *
“Don’t give in to low spirits, for storms of difficulty are limited in extent and they do pass...”
* ZAFFAR SAYS *
“Focus your energies on training your mind to remain enthusiastic and to be decisive in your actions...”

* ZAFFAR SAYS *
“When you open yourself to change, you open yourself to a new dimension of endless possibilities...”

* ZAFFAR SAYS *
“It is not enough to plan – you must consistently work your plan...”

* ZAFFAR SAYS *
“You can never do anything or reach great heights if you do not fully engage in what you are doing...”

* ZAFFAR SAYS *
“Persistence produces power; the power of achievement despite opposition, obstacles or rejection...”
* ZAFFAR SAYS *
“Passion is a strong emotion that comes from the values at the core of your being...”

* ZAFFAR SAYS *
“Balance each goal with your other goals and your life will be happy, dynamic and purposeful...”

* ZAFFAR SAYS *
“When failure happens or mistakes occur, don’t give up - look for a detour...”

* ZAFFAR SAYS *
“Staying power against opposition, obstacles, resistance and rejection is essential if you are to succeed...”

* ZAFFAR SAYS *
“The way to achieve true happiness and fulfilment in your life is to share and provide value to others without requiring anything in return...”
* ZAFFAR SAYS *

“The way you share is very personal, as each person will do it in their own way...”
CHAPTER FIVE

HAPPY WIFE - HAPPY LIFE
* ZAFFAR SAYS *
“To your wife, her birthday is a day to be celebrated and she should be made to feel special...”

* ZAFFAR SAYS *
“You can go out for lunch, relax at home, sit in the park, or anything that will make your wife feel special...”

* ZAFFAR SAYS *
“She will appreciate your thoughtfulness and effort to make her feel special...”

* ZAFFAR SAYS *
“So it might be a nice idea to give your wife’s brain (and body) the night off cooking occasionally...”

* ZAFFAR SAYS *
“And once you set the pattern, don’t break it! ...”
* ZAFFAR SAYS *
“Wishing your in-laws a “Happy Anniversary” shows them that you understand that their marriage is special to them...”

* ZAFFAR SAYS *
“Acknowledging your wife’s parents’ special days also shows your wife that you are accepting all aspects of her...”

* ZAFFAR SAYS *
“Each of us need friends for a variety of reasons and those friends are vital to our sense of feeling whole...”

* ZAFFAR SAYS *
“The last thing your wife wants is for you to feel jealous because she enjoys the company of her friends...”

* ZAFFAR SAYS *
“Women love gifts, and prettily wrapped gifts are even better...”
* ZAFFAR SAYS *
“A little bow added, or some paper with her favourite flower printed on it will add to the joy it brings her…”

* ZAFFAR SAYS *
“Respect is different to love…”

* ZAFFAR SAYS *
“By respecting your wife you are reinforcing that love and understand her, and that you also care for her feelings…”

* ZAFFAR SAYS *
“Your wife is who you loved enough to want to share your life with, and probably have children with…”

* ZAFFAR SAYS *
“A man’s family is just as affected by the job he has as he is himself…”
* ZAFFAR SAYS *
“Consider what will bring you the most job satisfaction and go with it....”

* ZAFFAR SAYS *
“There is always a word they can’t read, or they don’t understand this maths question, or a book they need to read to a parent...”

* ZAFFAR SAYS *
“But having you help out with the homework is bound to be of great assistance to your wife...”

* ZAFFAR SAYS *
“As statistics show that a woman is more attracted to a man who is a good provider...”

* ZAFFAR SAYS *
“Job satisfaction will play an important role in this...”
* ZAFFAR SAYS *
“It just doesn’t always fit that just the mothers go to the school interviews...”

* ZAFFAR SAYS *
“It is also likely to be beneficial to your children if they see that their father is taking a proactive approach to their education...”

* ZAFFAR SAYS *
“The least her husband can do is tell her he enjoyed it....”

* ZAFFAR SAYS *
“She will love having something different to prepare for you that will make you happy...”

* ZAFFAR SAYS *
“Take a second to look at your wife, and see her for the person you know and love...”
* ZAFFAR SAYS *
“That first smile of the day will do so much to lift her spirits and make her feel loved...”

* ZAFFAR SAYS *
“Your wife’s probably been waiting all day for you to come home just so you can be home with her...”

* ZAFFAR SAYS *
“Show your wife how much that means to you....”

* ZAFFAR SAYS *
“Maybe, for the sake of a few minutes occasionally, it’s worth making the effort and having your wife appreciate the way you look....”

* ZAFFAR SAYS *
“If her parents annoy you, your wife doesn’t need to be reminded of that every time she mentions that they are coming to visit....”
* ZAFFAR SAYS *
“Your wife needs to know that she has your support, and that everything she does makes you happy....”

* ZAFFAR SAYS *
“We women are fighters, and they are tougher than they are given credit for. ....”

* ZAFFAR SAYS *
“If she’s sick, put her to bed with a cup of tea and let her sleep...”

* ZAFFAR SAYS *
“It’s fairly common in most homes for the wife to do the majority of the organising...”

* ZAFFAR SAYS *
“You could also do a bit of planning ahead when it’s needed...”
* ZAFFAR SAYS *
“Television has become our escape from the strain of our daily life...”

* ZAFFAR SAYS *
“Your wife needs to be able to touch base with you on a regular basis...”

* ZAFFAR SAYS *
“A marriage still works on the old system – communicate or miss out...”

ZAFFAR SAYS *
“Why must the wife decide who is the best candidate to look after the kids?...”

ZAFFAR SAYS *
“Even suggesting a babysitter will help...”
* ZAFFAR SAYS *
“Your wife’s opinion is just as important as yours, even if you don’t agree with it...”

* ZAFFAR SAYS *
“She will be much more obliging if you ask her, as would most people....”

* ZAFFAR SAYS *
“Speaking nicely to your wife will bring her to reciprocate....”

* ZAFFAR SAYS *
“She is an individual person who does things her own way and looks her own way....”

* ZAFFAR SAYS *
“Also consider whether you have been paying her much attention recently....”
* ZAFFAR SAYS *

“Nothing makes a woman feel more loved than hearing about it from someone else....”

* ZAFFAR SAYS *

“It also makes everyone else in your life realise that you are a thoughtful and considerate person....”

* ZAFFAR SAYS *

“No good can ever come out of speaking when we are angry or vulnerable....”

* ZAFFAR SAYS *

“Emotions cloud our logic and our ability to focus....”

* ZAFFAR SAYS *

“All that it means is that your wife needs your support in some other way....”
* ZAFFAR SAYS *
“Different behaviours happen for different reasons in all sorts of different people....”

* ZAFFAR SAYS *
“It just shows that you are thinking about looking after her and don’t want her to get stuck anywhere....”

* ZAFFAR SAYS *
“Laughing will enable you to get through many difficult times....”

* ZAFFAR SAYS *
“Your wife wants to know that she makes you happy.....”

* ZAFFAR SAYS *
“What women have to endure during their development and growth can blow your mind......”
* ZAFFAR SAYS *
“Neglecting your health and thereby neglecting your family will make your wife feel resentful...”

* ZAFFAR SAYS *
“Conversations between other people are private and your wife is entitled to have that privacy...”

* ZAFFAR SAYS *
“You don’t have the right to invade her private thoughts and feelings unless she invites you to....”

* ZAFFAR SAYS *
“Admitting to your wrongdoing is fundamental in a marriage....”

* ZAFFAR SAYS *
“At the end of the day, saying sorry fixes so many things, with so little effort....”
* ZAFFAR SAYS *
“If there are problems in a marriage it will rarely be because of just one party…”

* ZAFFAR SAYS *
“A communication problem doesn’t usually come from just one person…”

* ZAFFAR SAYS *
“It’s always easier to blame our partner for whatever we argue about and whatever goes wrong in our relationship…”

* ZAFFAR SAYS *
“Make your wife see what you want…”

* ZAFFAR SAYS *
“The funny thing is, it won’t even matter what you cook, you don’t have to be good at it…”
**ZAFFAR SAYS** *

"Your wife will be happier and more relaxed..."

**ZAFFAR SAYS** *

"By leaving your clothes all over the floor you are saying to your wife that your time is more valuable than hers..."

**ZAFFAR SAYS** *

"If you make yourself something to eat or drink in the kitchen, put it all away..."

**ZAFFAR SAYS** *

"It is just a simple thing that will make your wife feel more appreciated..."

**ZAFFAR SAYS** *

"We all have days when we just can’t fit everything in, or we just can’t be bothered..."
* ZAFFAR SAYS *
“It’s okay to feel that you are constantly chasing your tail and never quite making it. ..”

* ZAFFAR SAYS *
“So take the pressure off yourself, your wife and your family occasionally...”

* ZAFFAR SAYS *
“When you get out of the car, take the heavy items, and offer to come back for another load...”

* ZAFFAR SAYS *
“If you are home, it is just good manners to help your wife bring in the shopping...”

* ZAFFAR SAYS *
“The last thing your wife needs is to come home and find that the washing is dripping on the line...”
* ZAFFAR SAYS *

“ It’s all about thinking outside your own world and seeing what happens in someone else’s...”

* ZAFFAR SAYS *

“Your wife no doubt works hard to make your home look clean and presentable on the inside...”

* ZAFFAR SAYS *

“ It really is up to the husband to ensure that the outside walls of his home are presentable to the world...”

* ZAFFAR SAYS *

“We all have days where things just don’t go according to plan...”

* ZAFFAR SAYS *

“Women in today’s society tend to fit more in to their day, especially those who work...”
* ZAFFAR SAYS *
“So why not make the most of the time you have?...”

* ZAFFAR SAYS *
“Ironing is not a fun chore, even if your wife does it in front of the TV...”

* ZAFFAR SAYS *
“She would much rather be sitting on the lounge with you than standing for an hour...”

* ZAFFAR SAYS *
“Don’t do it to earn points, do it because you want to be helpful and free up your wife’s time...”

* ZAFFAR SAYS *
“Marriages need attention, lots of regular attention, just like a plant...”
* ZAFFAR SAYS *

“Things will need to change to enable improvements to be made...”

* ZAFFAR SAYS *

“Yes, you do have to say it – just being married isn’t enough!...”

* ZAFFAR SAYS *

“Women are talkers. They express everything they think and feel verbally...”

* ZAFFAR SAYS *

“Men tend to think that they have to solve their wife’s problems for her...”

* ZAFFAR SAYS *

“Most of us are simply unable to find the time to get together later in the day or the evening...”
* ZAFFAR SAYS *

“Just sit quietly, in the garden or on the verandah looking out at the world, or listening to the birds...”

* ZAFFAR SAYS *

“Just a little token is all that is needed...”

* ZAFFAR SAYS *

“It doesn’t have to be big or expensive – just something little that you saw and it made you think of her...”

* ZAFFAR SAYS *

“At some point in your time together you will have seen something that is unique to just the two of you...”

* ZAFFAR SAYS *

“You may also plan a small holiday with your children, just a weekend away...”
* ZAFFAR SAYS *
“Arguments also often arise through simple difference in interpretation or opinion...”

* ZAFFAR SAYS *
“Arguing with your wife over being right may belittle her & make her feel that she is not smart enough to make you happy...”

* ZAFFAR SAYS *
“Many couples these days get so caught up the running around and chores that they forget how to talk to each other...”

* ZAFFAR SAYS *
“Most couples start out by getting to know each other by asking about each other’s day...”

* ZAFFAR SAYS *
“It is important that you understand that your wife is an individual human being as well as you...”
* ZAFFAR SAYS *
“Being unfaithful to your spouse may not be as blatant as having an intimate relationship with another person...”

* ZAFFAR SAYS *
“Being unfaithful eliminates the element of trust from your relationship...”

* ZAFFAR SAYS *
“Honesty is extremely important in any relationship...”

* ZAFFAR SAYS *
“Whatever your expectations of each other, be honest with each other about them...”

* ZAFFAR SAYS *
“A marriage is a combination of two personalities with two different opinions and sets of feelings...”
* ZAFFAR SAYS *
“Keep things in proportion – everything actually isn’t a big deal...”

* ZAFFAR SAYS *
“When you get married, you plan to be there for the long haul...”

* ZAFFAR SAYS *
“Support her when she needs it, let her support you when you need it...”

* ZAFFAR SAYS *
“Many people don’t realise that a marriage is something that needs attention and maintenance...”

* ZAFFAR SAYS *
“You need to make sure that you still make each other happy and reassure each other that you do...”
* ZAFFAR SAYS *
“It might be better, if she is feeling reluctant, to talk to her about anything that is concerning her...”

* ZAFFAR SAYS *
“Your understanding in this aspect of the marriage is one that is very important to your wife...”

* ZAFFAR SAYS *
“By choosing to marry your wife you chose to be with her and spend your lives together...”

* ZAFFAR SAYS *
“By choosing to marry your wife you chose to be with her and spend your lives together...”

* ZAFFAR SAYS *
“If you ask your wife if something is bothering her and she gives you a one word answer, try another question...”
"Eventually, this just makes your wife feel that everything negative in the marriage is about her..."

"It really is so important to try to use neutral words, or bring it back to you, to take the emphasis of her..."

"No-one likes to be reminded if they make a mistake, especially five years down the track..."

"Never underestimate the power of a candle..."

"Candles soften any mood, relax tension, and create such a warm, glowing feeling that conversations always flow easier..."
**ZAFFAR SAYS**

“It’s best to just bite your tongue, and make a determined effort to bring it up later...”

**ZAFFAR SAYS**

“Use a bit of foresight and avoid bringing something up if you think you can see the potential for a nasty situation to arise...”

**ZAFFAR SAYS**

“Your wife might seem to be the domineering one of the marriage, but she is really only trying to be heard...”

**ZAFFAR SAYS**

“Believe it or not, your wife really does want to be an equal, not a leader, in an intimate relationship...”
* ZAFFAR SAYS *
“There is nothing more important than learning to love...”

* ZAFFAR SAYS *
“When you live by love you cannot be defeated...”

* ZAFFAR SAYS *
“Unconditional love seeks the opportunity to do good to...”

* ZAFFAR SAYS *
“Throughout our lives, the very heart and centre of our being is thing called love...”

* ZAFFAR SAYS *
“Love is the lynchpin that provides balance in our lives...”
* ZAFFAR SAYS *
“Only love can bring peace to an argument...”

* ZAFFAR SAYS *
“Only love can build self esteem.....”

* ZAFFAR SAYS *
“Only love will develop generosity...”

* ZAFFAR SAYS *
“Emotions come and go, but profound love is intelligent, discerning and wise...”

* ZAFFAR SAYS *
“Love is the central pillar of our being which maintains our emotional balance...”
* ZAFFAR SAYS *
“Real love does not judge the actions of another. Rather, it seeks to meet needs and forgive...”

* ZAFFAR SAYS *
“Love is only love when it is given away...”

* ZAFFAR SAYS *
“The power of love never fails and no good thing works without it...”

* ZAFFAR SAYS *
“Love breaks down the barriers of selfishness, hatred, misunderstanding and fear...”

* ZAFFAR SAYS *
“Love is a treasure that grows as it is given away...”
* ZAFFAR SAYS *

"Love is our river of life that must be poured out to others if it is to be effective...”

* ZAFFAR SAYS *

“We all came to be through love – the love of a creator and the love of our parents...”

* ZAFFAR SAYS *

“A good marriage moves forward and strengthens its foundations on a secure and committed love...”

* ZAFFAR SAYS *

“We need true friends who will stand by us and love us and with whom we can share our deepest feelings...”

* ZAFFAR SAYS *

“The biggest mistake people make is to equate true love with eros love only...”
* ZAFFAR SAYS *
“Agape love is unconditional and it never fails...”

* ZAFFAR SAYS *
“Agape love sees all people as precious; it is self-giving, always forgiving and it never changes...”

* ZAFFAR SAYS *
“Nurture, care, protect and develop love until it forms a major part of you...”

* ZAFFAR SAYS *
“Love begins with you. You can’t love others until you first learn to love yourself...”

* ZAFFAR SAYS *
“Everyone has the capacity to love but love takes practice. You may fail sometimes but forgive yourself and move on...”
**ZAFFAR SAYS**

“Love focuses outward to others, not inward in a selfserving way...”

**ZAFFAR SAYS**

“Learn the skill of loving yourself and that skill will stand you in good stead for loving others...”

**ZAFFAR SAYS**

“There are a lot of weary people out there who need a good embrace and a large dose of love...”

**ZAFFAR SAYS**

“When love powers your thoughts you can start being your best friend instead of your worst enemy...”

**ZAFFAR SAYS**

“Tell yourself you deserve to feel good and soon you will believe the truth and respect yourself...”
* ZAFFAR SAYS *
“Remember, you create your world and you can do anything...”

* ZAFFAR SAYS *
“Learn all these lessons with a light and happy heart and keep laughter in your life...”

* ZAFFAR SAYS *
“Love will never set out to change the other person before first changing you...”

* ZAFFAR SAYS *
“That unconditional love you show to others will attract reciprocal and unconditional love into your own life...”

* ZAFFAR SAYS *
“Where love is conditional or missing entirely, it sparks a negative response in their attitude to life...”
* ZAFFAR SAYS *

“Give love by being generous with your time and listen attentively to those who need an empathetic ear…”

* ZAFFAR SAYS *

“When the spark of the power of love is kindled it can release positive energy into your own life and into the lives of others…”

* ZAFFAR SAYS *

“The need for love is built into us from the womb…”

* ZAFFAR SAYS *

“Genuine love is unconditional and this is the kind of love a child needs…”

* ZAFFAR SAYS *

“You determine your goal in life…”
* ZAFFAR SAYS *
“The greater your love for yourself and for others, the rougher the road that you can take with success...”

* ZAFFAR SAYS *
“We pay a heavy price when we don’t give love...”

* ZAFFAR SAYS *
“Give those you love all the affection you can...”

* ZAFFAR SAYS *
“Love and strife cannot live together, so choose love...”

* ZAFFAR SAYS *
“Resentments end up hurting you more than they do the person you resent...”
* ZAFFAR SAYS *
“Call on the power of love, put it into action and you will be at peace...”

* ZAFFAR SAYS *
“Love gives healing and wisdom and strength...”

* ZAFFAR SAYS *
“Base forgiveness on a will to love rather than on your feelings...”

* ZAFFAR SAYS *
“Foriveness reconciles people to each other and love cements the bond...”

* ZAFFAR SAYS *
“The power of love will wash away the effects of it and you’ll leave it behind once and for all...”
* ZAFFAR SAYS *
“You cannot hold a grudge and sincerely love at the same time...”

* ZAFFAR SAYS *
“As much as it is within your power, live in harmony and remain on good terms with everyone...”

* ZAFFAR SAYS *
“Use your love to focus on the needs of others instead of focusing inwardly on your own concerns to the detriment of others...”

* ZAFFAR SAYS *
“Leaders who move in love have no fear...”

* ZAFFAR SAYS *
“True leaders will not presume to know everything, but will always be teachable...”
* ZAFFAR SAYS *
“Leaders should always stay true to the trust given them and they should be committed to their task...”

* ZAFFAR SAYS *
“Love is a key ingredient to having the ideal business...”

* ZAFFAR SAYS *
“Happy clients will help you build your business...”

* ZAFFAR SAYS *
“Within your own business love and respect your employees...”

* ZAFFAR SAYS *
“When employers and employees feel appreciated they are less likely to be competitive and will view each other as friends...”
* ZAFFAR SAYS *
“When business is based on a foundation of love and respect, it cannot fail...”

* ZAFFAR SAYS *
“Unconditional love is a decision you make and it will require constant awareness and practice to make it a habit...”

* ZAFFAR SAYS *
“Love those closest to you; don’t take them for granted...”

* ZAFFAR SAYS *
“Love is very powerful and when that power is properly harnessed, it can transform everything around you...”

* ZAFFAR SAYS *
“Love is a gift you give to others, so stir up the gift inside you and turn on the power...”
* ZAFFAR SAYS *

“Now is when you need to be at your best so that you can create whatever future you want…”

* ZAFFAR SAYS *

“Creative living can only be successful if you have your full attention in today…”

* ZAFFAR SAYS *

“It is truly a unique and magnificent experience…”

* ZAFFAR SAYS *

“Use the past only to learn from your mistakes and keep it in context with your life now…”

* ZAFFAR SAYS *

“Empowered people recognise that the past and the future are memories and thoughts and today is their reality…”
* ZAFFAR SAYS *
“It is true that the future ultimately cannot be predicted...”

* ZAFFAR SAYS *
“Living today and planning for tomorrow is what all successful men and women do day to day...”

* ZAFFAR SAYS *
“You need to take control of your thoughts...”

* ZAFFAR SAYS *
“The habit of living in the past or jumping into the future inside your head is a difficult habit to break...”

* ZAFFAR SAYS *
“Learn from children and do something which brings you total pleasure...”
* ZAFFAR SAYS *
“Careless acts can swallow up your most precious resource
– the time you have now…”

* ZAFFAR SAYS *
“The best way to predict the future is to create it and you
can only do that today, in the now!”

* ZAFFAR SAYS *
“We tend to live our lives subconsciously believing that
we will live forever…”

* ZAFFAR SAYS *
“The time lost now can never
be redeemed…”

* ZAFFAR SAYS *
“You have the ability to achieve everything you want if
you will just begin the process now…”
* ZAFFAR SAYS *
“To live without change is to die...”

* ZAFFAR SAYS *
“All aspects of life need change just to move forward and nowhere is this shown more clearly than in the natural world...”

* ZAFFAR SAYS *
“Change is something that happens every moment of every day without our input...”

* ZAFFAR SAYS *
“There will always be twists and turns in life that we don’t plan for and have no control over...”

* ZAFFAR SAYS *
“Change is like the waves of a vast ocean; it has great power and it is unstoppable...”
* ZAFFAR SAYS *
“Learning to anticipate and adapt to change quickly takes flexibility...”

* ZAFFAR SAYS *
“Relax and be open to possibilities...”

* ZAFFAR SAYS *
“Change teaches you that you can accomplish whatever you set out to do...”

* ZAFFAR SAYS *
“It is better to do something about change rather than to do nothing...”

* ZAFFAR SAYS *
“A belief system is a set of thoughts, rules, attitudes, expectations and behaviours that are embedded in our mind...”
* ZAFFAR SAYS *
“Our current state in life is the result of that which we have come to believe about ourselves…”

* ZAFFAR SAYS *
“Due to the creative power of belief such programming embeds in our subconscious mind and becomes our reality…”

* ZAFFAR SAYS *
“Our present beliefs will determine how much of our potential we will be able to tap into…”

* ZAFFAR SAYS *
“We always live the life we believe…”

* ZAFFAR SAYS *
“There are no limits except what you impose on yourself…”
* ZAFFAR SAYS *
“If you believe that you can be successful it’s going to happen because your empowering belief just made it a probability...”

* ZAFFAR SAYS *
“Your belief in and toward something influences your behaviour and actions...”

* ZAFFAR SAYS *
“Your inner world affects your outer world...”

* ZAFFAR SAYS *
“Take time to observe and listen to your own self-talk...”

* ZAFFAR SAYS *
“Stay aggressive with your new positive thoughts and verbalise them to yourself both silently and out aloud...”
* ZAFFAR SAYS *
“If we want to make wise choices we must control our thoughts...”

* ZAFFAR SAYS *
“Nothing ever changes if you don’t do anything different...”

* ZAFFAR SAYS *
“Whatever you dream you can achieve if you strongly believe you can achieve it...”

* ZAFFAR SAYS *
“We learn from failure as well as success...”

* ZAFFAR SAYS *
“Other ways of expanding your belief system for success are to be a good observer and a good listener...”
* ZAFFAR SAYS *
“Remember your past successes and build on them...”

* ZAFFAR SAYS *
“The influences you come into contact with every day will produce either positivity or negativity...”

* ZAFFAR SAYS *
“It is about being sincere, reliable and trustworthy in all your dealings...”

* ZAFFAR SAYS *
“Man is unique because of his ability to believe...”

* ZAFFAR SAYS *
“It was in astronomy, however, that Galileo became famous...”
* ZAFFAR SAYS *

“Columbus made four journeys across the Atlantic Ocean to the Caribbean...”

* ZAFFAR SAYS *

“Martin Luther King offered a vision of hope to an oppressed people...

* ZAFFAR SAYS *

“When your beliefs are positive it is important to take a stand for what you believe in...”

* ZAFFAR SAYS *

“Awareness is the basis for excellence in every area of your life...”

* ZAFFAR SAYS *

“You will be rewarded with an awareness of ‘more good’ all around you...”
* ZAFFAR SAYS *
“No one can make you happy and no one can make you
unhappy unless you allow them to do so…”

* ZAFFAR SAYS *
“Your mind is your power for accomplishing your
highest aspirations…”

* ZAFFAR SAYS *
“This thought system operates out of love, limitless power and
shared abundance…”

* ZAFFAR SAYS *
“You must stop thinking that people, things, circumstances
and conditions have power to harm you…”

* ZAFFAR SAYS *
“Your mind is like a computer except you are only using
it to record and process information…”
* ZAFFAR SAYS *
“If you know how to use your mind correctly you can create everything you want in life...”

* ZAFFAR SAYS *
“Our subconscious mind never requires sleep...”

* ZAFFAR SAYS *
“The subconscious is also the home of our emotions...”

* ZAFFAR SAYS *
“If you expect the best, and say so, you will receive the best...”

* ZAFFAR SAYS *
“Paradigms are sets of belief systems that act as filters of perception through which we view the world and everything in it...”
* ZAFFAR SAYS *
“The motto of the subconscious mind is, ‘Your wish is my command’…”

* ZAFFAR SAYS *
“It is this constant cleaning of our unconscious filters of perception that enables us to perceive the world differently…”

* ZAFFAR SAYS *
“Change is a matter of choice…”

* ZAFFAR SAYS *
“If you think you can do better, you will…”

* ZAFFAR SAYS *
“In order to make a successful change you need to see what actions are required to make the change happen…”
**ZAFFAR SAYS**

“Changing your built in belief structure from negative to positive is not easy but it is well worthwhile...”

**ZAFFAR SAYS**

“Difficulties will present themselves but the key to overcoming them is perseverance...”

**ZAFFAR SAYS**

“Focus means getting tuned in and turned on to every detail of the object of your focus...”

**ZAFFAR SAYS**

“Knowing what you want is not enough...”

**ZAFFAR SAYS**

“So, don’t focus on the problem, focus only on the solution...”
* ZAFFAR SAYS *
“The most important factor in any major undertaking is focus and it is the key to achieving your major goal...”

* ZAFFAR SAYS *
“Once you are clear on what you want to achieve you can build a plan to get there...

* ZAFFAR SAYS *
“Focusing on the problem disempowers you but when you focus on the solution you are empowered...”

* ZAFFAR SAYS *
“A constant hammering on one nail will generally drive it home at last, so that it can be clinched...”

* ZAFFAR SAYS *
“Learn to understand how your thoughts control your emotions and how your emotions can shift your focus and dictate your actions...”
* ZAFFAR SAYS *
“Part of the problem today is that we all have too many choices available to us...”

* ZAFFAR SAYS *
“Remember, we don’t always get what we want, but we do get what we expect!...”

* ZAFFAR SAYS *
“Start with training your thoughts in the direction you want to go...”

* ZAFFAR SAYS *
“You won’t have to fight to keep going, you will enjoy the journey and take satisfaction from your labours...”
* ZAFFAR SAYS *
“You need to know what you want to accomplish and the best methods to use to get there...”

* ZAFFAR SAYS *
“Performance can be improved by always keeping the end in mind...”

* ZAFFAR SAYS *
“In order for a business to improve its performance it must understand how it does business...”

* ZAFFAR SAYS *
“Results-oriented thinking trains the subconscious mind to create your reality as you want it...”

* ZAFFAR SAYS *
“Task-oriented people can be very focused and committed to reaching the objective of completing their task...”
* ZAFFAR SAYS *
“Results-oriented people focus on the desired outcome…”

* ZAFFAR SAYS *
“So, productivity with an end in mind brings results and results bring more productivity…”

* ZAFFAR SAYS *
“If there is no confusion about what has to be done there will be less stress and more will be done in a given time…”

* ZAFFAR SAYS *
“Be prepared to challenge yourself by personally developing your skills and by using time management wisely…”

* ZAFFAR SAYS *
“Results are always in direct proportion to effort…”
* ZAFFAR SAYS *
“Look at where the results are coming from and concentrate on these areas..

* ZAFFAR SAYS *
“There must be purpose in your plan followed by action…”

* ZAFFAR SAYS *
“Urgent tasks can grab your attention but urgent things are not always important and important things are not always urgent…”

* ZAFFAR SAYS *
“Organising and managing your time will enable you to work smarter rather than harder…

* ZAFFAR SAYS *
“To be successful you will need to maintain daily concentration and focus for your work to be effective…”
* ZAFFAR SAYS *

“The problem of having enough time does not lie with time itself…”

* ZAFFAR SAYS *

“Managing your time finally gets down to the way you manage yourself…”

* ZAFFAR SAYS *

“Undefined goals and undefined priorities are two of the biggest factors which sap efficiency and productivity…”

* ZAFFAR SAYS *

“The more time you have to work on a project the more time it takes to get it done…”

* ZAFFAR SAYS *

“A properly kept diary will unclutter your mind and leave you free to focus on just one thing at a time…”
“Do not try to focus on a number of tasks at once or the results will be poor and incomplete...”

“Plan your work and then work your plan...”

“Make sure the tasks you assign yourself are in alignment with your goals...”

“One of the many advantages of working with a list is that it allows you to concentrate and focus on your most important tasks...”

“Remember to make your schedule realistic and achievable...”
* ZAFFAR SAYS *
“Only through taking action will you change your life for the better...”

* ZAFFAR SAYS *
“Success in any area of life requires action...”

* ZAFFAR SAYS *
“Intention is the mental state that precedes its corresponding action...”

* ZAFFAR SAYS *
“Recognise that there is a high price to be paid for procrastinating...”

* ZAFFAR SAYS *
“Become aware of the times and situations in which you are most likely to procrastinate and take conscious and positive action...”
“People who are successful in reaching their ultimate goals have certain traits in common...”

“Persist with a daily plan and do the most productive thing possible at every given moment...”

“You don’t find time for important things – you make it...”

“If you haven’t got time to do it right, you definitely haven’t got time to do it wrong...”

“It will take a plan and action, but you can achieve it...”
* ZAFFAR SAYS *
“You are a winner if you are motivated and creative…”

* ZAFFAR SAYS *
“Keep working toward your own success…”

* ZAFFAR SAYS *
“To reach your full potential, accept the challenge with enthusiasm…”

* ZAFFAR SAYS *
“Forgiveness of heart and mind clears the way for future progress…”

* ZAFFAR SAYS *
“It is important to verbalise your forgiveness as this reinforces the act and brings freedom…”
* ZAFFAR SAYS *

“Those people who find it easy to forgive were found to be more likely to work harder to resolve conflict...”

* ZAFFAR SAYS *

“What is in the heart will be spoken out of the mouth...”

* ZAFFAR SAYS *

“Some of the greatest problems we encounter in life are people problems...”

* ZAFFAR SAYS *

“Foriveness is a choice...”

* ZAFFAR SAYS *

“Nobody can keep your success from you but yourself...”
* ZAFFAR SAYS *

“Sincerity and honesty cannot be faked...”

* ZAFFAR SAYS *

“It is important to remember that if you criticise others you are in the process of destroying yourself...”

* ZAFFAR SAYS *

“Giving is never meant to be selfish...”

* ZAFFAR SAYS *

“There is no such thing as receiving something for nothing...”

* ZAFFAR SAYS *

“If you want happiness and contentment, then give to another...”
* ZAFFAR SAYS *
“Your success can come as a direct result of helping others become successful...”

* ZAFFAR SAYS *
“Respect is something that must be earned...”

* ZAFFAR SAYS *
“To help others reach their potential will take guidance, encouragement and support...”

* ZAFFAR SAYS *
“When you help others, help them to succeed on their terms...”

* ZAFFAR SAYS *
“When you see talent and passion, take it upon yourself to help people who are motivated...”
* ZAFFAR SAYS *
“The benefits we will receive will far outweigh the actual rewards...”

* ZAFFAR SAYS *
“You can certainly help others one on one, but it is also good to be part of a group that helps others...”

* ZAFFAR SAYS *
“Research indicates that those who consistently help other people experience less depression, great calm and better health...”

* ZAFFAR SAYS *
“Helping people can remind you how fortunate you are and make you feel connected to others...”

* ZAFFAR SAYS *
“Science has found physical benefits to practicing compassion...”
* ZAFFAR SAYS *
“It has also been proven that the compassionate person is happier and more fulfilled…”

* ZAFFAR SAYS *
“Too often the trend in our society today is for people to be separated from one another…”

* ZAFFAR SAYS *
“There is no better way to enrich your life than by enriching the lives of others…”
* ZAFFAR SAYS *
“A love for others sets a leader apart from a power-holder...”

* ZAFFAR SAYS *
“You have absolute control over one thing only and that is your thought power...”

* ZAFFAR SAYS *
“Self-image is the key to your personality and behaviours and it sets the boundaries of individual accomplishment...”

* ZAFFAR SAYS *
“Wittingly or unwittingly you developed your self-image by your creative experiencing in the past...”

* ZAFFAR SAYS *
“When you have an open mind you allow yourself to attract and follow up on opportunities...”
* ZAFFAR SAYS *
“An open mind will accept other people unconditionally…”

* ZAFFAR SAYS *
“Focus on what you want, not on what you don’t want…”

* ZAFFAR SAYS *
“We have all been given the power to develop ideas and exercise free will…”

* ZAFFAR SAYS *
“The ego cannot improve the quality of your mental and spiritual life…”

* ZAFFAR SAYS *
“Remember, the past explains how you got to the present but where you go from here is your responsibility…”
* ZAFFAR SAYS *
“An open mind is curious and investigative and examines new things...”

* ZAFFAR SAYS *
“If you move in your community with an open mind and an open heart you can learn to accept others...”

* ZAFFAR SAYS *
“Let the heart take over and live with a sense of gratitude and strength...”

* ZAFFAR SAYS *
“When you have achieved an open mind, you can then open your heart to humanity...”

* ZAFFAR SAYS *
“The heart has been referred to as having influence over our thoughts, feelings and values...”
* ZAFFAR SAYS *

“Opening your heart to other people can be challenging but it is very worthwhile...”

* ZAFFAR SAYS *

“The fruit of the guard of the heart is the willingness to change our plans at a moment’s notice....”

* ZAFFAR SAYS *

“Sometimes we feel we are too busy to be of service and there are so many things to do...”

* ZAFFAR SAYS *

“Its language is peace, compassion, kindness, humility, gentleness, patience and thankfulness...”

* ZAFFAR SAYS *

“The finest values and qualities are associated with the heart rather than the mind...”
* ZAFFAR SAYS *
“A new understanding of the word “heart” is emerging...”

* ZAFFAR SAYS *
“It appears that the heart acts like a master control system...”

* ZAFFAR SAYS *
“Be motivated to take greater care of this wonderful mindheart system that we have...”

* ZAFFAR SAYS *
“There are certainly some very smart, heartless people in the population and the world will not benefit through them...”

* ZAFFAR SAYS *
“The workplace does not fare much better due to pressures to produce more in less time...”
* ZAFFAR SAYS *
“Not everyone fosters a sense of humour...”

* ZAFFAR SAYS *
“Oh motivated to take greater care of this wonderful mindheart system that we have...”

* ZAFFAR SAYS *
“Humour has great power to heal and renew...”

* ZAFFAR SAYS *
“A sense of humour and resulting laughter is certainly an essential component of a healthy, happy life...”

* ZAFFAR SAYS *
“When we are tense and stressed we are unable to think clearly and cannot be at our best...”
* ZAFFAR SAYS *

“Stress can have a profound effect on everyone in the community...”

* ZAFFAR SAYS *

“A sense of humour can have several connotations in a work environment and it is necessary to understand the difference...”

* ZAFFAR SAYS *

“Someone with a mature sense of humour will know when to use it and when not to use it...”

* ZAFFAR SAYS *

“The daily challenges which contribute to increasing stress levels continually drain a person’s energy...”

* ZAFFAR SAYS *

“Some companies still have a negative view of humour and laughter in the office...”
* ZAFFAR SAYS *
“Businesses are now learning to put fun into work...”

* ZAFFAR SAYS *
“When we are stressed and tense we are unable to think clearly...”

* ZAFFAR SAYS *
“Most people think more creatively when they are relaxed and the pressure is off...”

* ZAFFAR SAYS *
“Believe in the power of your inner sense of humour and reap the rewards...”

* ZAFFAR SAYS *
“A smile is the beginning of laughter...”
* ZAFFAR SAYS *
“When you work on your own there is only a limited amount that you can do, however hard you work...”

* ZAFFAR SAYS *
“If you can grasp the opportunity to delegate, you can be genuinely successful...”

* ZAFFAR SAYS *
“You must remain fully accountable for what happens in your business and set the standards...”

* ZAFFAR SAYS *
“Either you run your day or it will run you...”

* ZAFFAR SAYS *
“Unfortunately, by trying to do all the work yourself you are failing to make the best use of your time...”
* ZAFFAR SAYS *

“By meaningfully involving other people in your project, you develop those people’s skills and abilities...”

* ZAFFAR SAYS *

“Delegation is a win-win situation when done appropriately...”

* ZAFFAR SAYS *

“Empowerment is results oriented – it emphasises outcomes...”

* ZAFFAR SAYS *

“Empowerment encourages creativity and provides freedom...”

* ZAFFAR SAYS *

“Delegation benefits both management and team members alike...”
* ZAFFAR SAYS *
“Teamwork pulls many years of experience and effort together...”

* ZAFFAR SAYS *
“Build business around people, not people around business...”

* ZAFFAR SAYS *
“There are times when it is appropriate to delegate and times when it is not appropriate...”

* ZAFFAR SAYS *
“When thinking about the right person for the job, try to assign tasks compatible to someone’s purpose...”

* ZAFFAR SAYS *
“Intelligent, smart delegation is finding the right person for the right task at the right time...”
* ZAFFAR SAYS *
“Delegation doesn’t just happen you have to work at it...”

* ZAFFAR SAYS *
“Clearly set out your requirements in writing; assume nothing..”

* ZAFFAR SAYS *
“People learn best by listening, discussing and asking questions...”

* ZAFFAR SAYS *
“Resolve any misunderstandings at the beginning...”

* ZAFFAR SAYS *
“Unreasonable time limits cause stress and when people are stressed they are prone to making mistakes...”
"Take time to go over again why that person was chosen for the job..."

"When good work is returned to you, make sure that the effort is recognised and rewarded..."

"Unreasonable time limits cause stress and when people are stressed they are prone to making mistakes..."

"Effective delegation benefits both yourself and the person to whom you delegate..."

"When you learn to delegate effectively you win..."
* ZAFFAR SAYS *
“Imagination is the foundation upon which ‘thinking big’ is built...”

* ZAFFAR SAYS *
“Your key for personal success is imagination...”

* ZAFFAR SAYS *
“Keep developing your imagination by letting your ideas flow freely...”

* ZAFFAR SAYS *
“The hallmark of a successful mindset is to think big but very few people are prepared to do that...”

* ZAFFAR SAYS *
“Successful people, on the other hand, take their dreams to reality by thinking big...”
* ZAFFAR SAYS *

“Our big thinking unleashes unlimited possibilities and dramatically increases creative alternatives…”

* ZAFFAR SAYS *

“One way to find the big idea is Brainstorming…”

* ZAFFAR SAYS *

“Allow others to improve on ideas you may have already put out into the brainstorming domain…”

* ZAFFAR SAYS *

“Whether the company is small or large, in the current climate business needs a big vision…”

* ZAFFAR SAYS *

“When you think big you set a goal that is much bigger than just avoiding failure…”
* ZAFFAR SAYS *

“Thinking big is not something to be feared; instead it is challenging, exciting and dynamic...”

* ZAFFAR SAYS *

“When our failures increase our resolve we are destined for victory...”

* ZAFFAR SAYS *

“Those who have failed and risen again will be those who would rather listen than talk...”

* ZAFFAR SAYS *

“All experiences can serve as our teachers provided we learn from the information and invest its value in our own lives...”

* ZAFFAR SAYS *

“Setbacks will either make us better or they will make us bitter...”
* ZAFFAR SAYS *
“There is incredible value to be found in the mistakes you make...”

* ZAFFAR SAYS *
“To turn failure into success – take action...”
* ZAFFAR SAYS *
“It will take all your focus and clarity of vision to reach your destination...”

* ZAFFAR SAYS *
“You strategies must be different and unique if you wish to draw success to you...”

* ZAFFAR SAYS *
“You will create new ideas, possibilities and new opportunities to achieve your goal and ultimate prosperity...”

* ZAFFAR SAYS *
“You will be confident and focus on your potential and strengths and not on your weaknesses...”

* ZAFFAR SAYS *
“Realise that by being different you are not alone...”
* ZAFFAR SAYS *

“Each of us should be in constant search of people we can admire and respect...”

* ZAFFAR SAYS *

“Even a small amount of time can make a great deal of difference when it is spent with the right people...”

* ZAFFAR SAYS *

“You must understand there is a big difference between those who are willing to teach and those who are qualified to teach...”

* ZAFFAR SAYS *

“Don’t be too proud to follow in someone else’s footsteps...”

* ZAFFAR SAYS *

“One hour with the company of a Real Mentor is better than reading one thousand books....”
"Nothing in the world can take the place of persistence...."

"Many of those who fail to reach their goal do so in the early stages...."

"Persistence is about enduring for the race series not just one event...."

"Persistence is a characteristic to which success invariably surrenders...."

"Persistence and a stubborn streak have their rewards...."
* ZAFFAR SAYS *
“There is a lot to be said for refusing to give up...”

* ZAFFAR SAYS *
“Persistent people are a separated people and that is the price you must pay to continue your quest for success...”

* ZAFFAR SAYS *
“What you persist in doing will become easier as your capacity and strength grow....”

* ZAFFAR SAYS *
“Life’s battles don’t always go to the stronger or faster person....

* ZAFFAR SAYS *
“Patience produces harmony in families and societies....”
* ZAFFAR SAYS *
“Patience is the picture of a tranquil spirit and such a spirit is in great demand in our society today...”

* ZAFFAR SAYS *
“We seem to spend our lives rushing around and we expect everyone around us to keep up with us....”

* ZAFFAR SAYS *
“Ultimately we pay a price for being impatient....”

* ZAFFAR SAYS *
“Patience and the passage of time do more than strength and fury....”

* ZAFFAR SAYS *
“Quiet times provide a way of reorganising your time and rebuilding patience....”
* ZAFFAR SAYS *
“Time and patience are critical elements of success....”

* ZAFFAR SAYS *
“Lack of patience is a major reason that people don’t achieve their goals....”

* ZAFFAR SAYS *
“Remember to be patient with yourself....”

* ZAFFAR SAYS *
“Creating a business and making it a success requires patience and a lot of work....”

* ZAFFAR SAYS *
“If your work is getting on top of you, practice humility and ask for help....”
* ZAFFAR SAYS *
“When everything moves so quickly in our world, patience can seem hard to come by....”

* ZAFFAR SAYS *
“Make the choice to give yourself the gift of patience....”

* ZAFFAR SAYS *
“Stress increases health risks and needs to be dealt with constructively and patiently....”

* ZAFFAR SAYS *
“Try to deal with stress as it happens before it becomes a problem....”

* ZAFFAR SAYS *
“Make it a point to remember birthdays and to keep in touch with a friend who is ill or having difficulties....”
* ZAFFAR SAYS *
“Take the time to harness the power of patience in your life....”

* ZAFFAR SAYS *
“The conscious mind generates thoughts and ideas and is associated with our waking, thinking state...”

* ZAFFAR SAYS *
“The creative mind is the centre for our innovative and creative thinking and our imagination....”

* ZAFFAR SAYS *
“Don’t go around reacting to life, rather, be prepared to live life in a more creative and spontaneous way....”

* ZAFFAR SAYS *
“People of similar thoughts are attracted to one another...”
* ZAFFAR SAYS *
“This force is within you, ready and available to be put to good use....”

* ZAFFAR SAYS *
“Unrestrained thoughts bring unrestrained actions so train your thoughts to obey you....”

* ZAFFAR SAYS *
“You can only think one thought at a time, so determine to keep your thoughts in the positive realm....”

* ZAFFAR SAYS *
“Remember, you cannot think negative thoughts and bring about positive action....”

* ZAFFAR SAYS *
“Be bold and courageous and see yourself strong and expect your thoughts to follow...”
Other Books by Zaffar Khan

Don’t Just Think & Grow Rich                               So What
Miracle with 20 Disappointments                           My Australia
Five Steps to Happy Wife & Life                           The Power of Love
A Call Option Deed 650 Q’s & A’s                           Pearls Of Wisdom
Pain Free Life Physically & Emotionally                   20 Miracles of the Mind
Taxi Driving To Property Development                      Write A Book In 5 Steps
Guidebook For Speakers, Presenters & Teachers             eBay Cash Formula

21 POWERS
How to gain control of your thoughts and tap into the enormous power within you to bring balance & well-being into your personal & business life with the following powers

The Power Of Now                                           The Power Of Awareness
The Power Of Delegation                                    The Power Of Thinking Big
The Power Of Belief                                        The Power Of Failure
The Power Of Change                                        The Power Of Being Different
The Power Of Focus                                         The Power Of Mentor Or Coach
The Power Of Result-Oriented Tasks                         The Power Of Persistence
The Power Of Prioritising Your Work                        The Power Of Patience
The Power Of Action Without Procrastination                The Power Of The Mind
The Power Of Forgiveness                                   The Power Of Helping Others
The Power Of Open Heart And Mind                           The Power Of Commitment
The Power Of Sense Of Humour                                

www.ZaffarKhan.com
All the best...

You are more than welcome to write a note about this book on the following addresses:

Zaffar Khan

PO Box 1296
Sunnybank Hills
Qld 4109 Australia

or

Email: admin@ZaffarKhan.com
You Will Learn:

- How you can have that honeymoon period for the rest of your life with your partner.
- How to turn failure into success
- How to use your belief system to your advantage
- How action transforms your thoughts into reality
- How fail fast and achieve anything
- How love can heal and use love for the better relationship
- How to handle failure in any field of your life

DISCOVER...

The SECRETS of Unlimited Potential, which is ALREADY WITHIN YOU I have shared with you in this book is so POWERFUL.

www.ZaffarKhan.com